

CHAPTER II

LITERATURE REVIEW

This chapter discusses some theories which related to this research. Those are 1) Cancer, 2) Stress, 3) Support, 4) Influence, 5) Novel, 6) The Fault in Our Stars, and 7) Review of Previous Study

2.1. Cancer

Humans do not escape the many problems that exist in this world. Whether it's problems that come from other people or problems that are given by God. One of the problems that can befall humans is if they are given a disease that can be deadly. The disease that can be deadly is cancer. According (Woźniak, et. al, 2014:13) cancer is a disease that can concerns anybody, of any age. It can be concluded that cancer can attack anyone at any time. So that trials such as disease can make people who experience them feel shock and find it difficult to accept it. Especially if the human being diagnosed with cancer by the doctor is a human who has good and normal health before.

2.2. Stress

The people are first diagnosed by a doctor that they are declared to have cancer, they will immediately feel down. They must immediately think about how life will be in the future. With

all the thoughts that make cancer sufferers become pessimistic can cause stress. According (Barre, et. al, 2018:40), through the treatment and prognosis, stress is known as a major psychological triggers issue in cancer patients from diagnosis, even after the disease has been gone for a long time. Serious illness severity, physical difficulties in moving normally, medical of treatments, psychological state of a patient and family issues, is often experienced and feel stressed by the cancer patients. Various negative impacts when feeling stress experienced by cancer patients such as anxiety, insomnia, depression, post-traumatic stress disorder, or in a decrease in enthusiasm on their quality of life.

2.3. Influence

In facing the cancer, it will definitely cause the personality to become pessimistic and do not have passion in life. According (Slattery, 2007), influence is defined as change in an individual thoughts, feelings, attitudes, or behaviors that results from interaction with another individual or a group. Therefore, the influence of a person or others is also important in healing process of cancer. There are some various of the influences for cancer patients :

a. The Influence of Motivation

In addition to requiring the presence of social support, cancer sufferers also need motivation. According (Durosini, et. al, 2021:18), many physicians regard the patients motivation for psychological intervention as an important support for successful treatment. Motivation can be in the form of words that are constructive and can inspire people with cancer. With the motivation of various parties anywhere can make thinking for cancer sufferers to be broad and optimistic in living life. In addition, motivation is also very necessary to get rid of negative thoughts that are lodged in the brains of cancer sufferers. So that motivation becomes one of the treatments to help cure cancer.

b. The Influence of Spirituality

Cancer patients in facing their illness must need spirituality from itself as a healing process. According (Timmins & Caldeira, 2017), spirituality is a complex concept and relates to the search for meaning and purpose in life, and to the interactions with self, with others, and with the world. In a spiritual approach, cancer patients can doing by getting closer to God or doing activities that can make the soul peaceful and calm, such as yoga and meditation activities. Positive activities in a spiritual approach can also make cancer patients minds

become more relaxing and more accepting the trials with gracefully.

2.4. Support

The support for people who are experiencing problems in their life is very important, for example if someone is given a disease. According (Baron and Byrne, 2000), defines support as the physical and psychological comfort provided by the individual friends and family. There are some various of support for cancer sufferers :

a. Environmental Support

Environmental support is one form of support that is very important for cancer patients. Positive and good environment can also affect healing for people with cancer. Therefore, cancer sufferers will feel comfortable when they are in an environment that according to them does not look down on their disease. So that, cancer sufferers will still feel fine in the mid of a supportive environment.

b. Psychological Support

Cancer sufferers not only feel pain physically but also feel pain or mental burden. The psyche of cancer sufferers can also be disturbed, such as often experiencing anxiety, unstable hormones, insomnia, and much more. Therefore, psychological

support is needed from the closest people such as parents, family, and close friends. So that, the mental psychology of cancer sufferers will begin to improve and accept gracefully for their illness.

c. Economy support

Support in the economy is also needed in the treatment of severe diseases such as cancer. If economy factors support then the treatment will run smoothly, whereas if the economy factors do not support then the treatment will be hampered. But now the government is starting to run a program of free medical treatment for people in need.

2.5. Novel

Novels are fiction stories written and packaged in book form. The story content of the novel can come from a true story or fiction. Novels are set in a happy or sad atmosphere. According (Taylor, 1981), novel is a prose work that tries to reflect and express something of the equality or value of human experience or behavior. In previous explanation, the researcher concludes that novel is also related with experience of other people or author. It tells about plots, characters, settings, which will be discussed further in the factual structure.

2.6. The Fault in Our Stars

A work entitled *The Fault in Our Stars* is the sixth novel by American author John Green in 2012. John Michael Green is a writer and YouTube video blogger, based in Indianapolis, United States. He lives with his wife and son. John Green has won many awards, including : Printz Medal, Printz Honor, Edgar Award and has been a finalist for the LA Times Book Prize. The novel entitled “*The Fault in Our Stars*” is the best-selling fiction novel that sold millions of copies worldwide.

Novel entitled “*The Fault In Our Stars*” novel tells the story about Hazel Grace is a girl sixteen years old and has been dealing with her illness thyroid cancer that has spread inside her lungs. Her mother force her to attend a Support Group for cancer community. In there is unexpected, she met and falling in love with a man names Augustus Waters. He is seventeen years old and has been dealing with his illness an osteosarcoma that causes one of his legs amputated. So that, Augustus Waters use a prosthetic leg so that he can return to normal activities.

Augustus Waters and Hazel Grace have the same hobbies like reading too much. They talks their favorite novels. Augustus Waters gives Hazel grace a novel entitled *The Price of Dawn*, while Hazel Grace recommends a novel entitled *An Imperial Affliction*. Novel entitled *An Imperial Affliction* is a book about a

girl names Anna who has cancer illness, and the book that she's read of living with cancer illness that relates with her life. Then, she is speculate that the novel mysterious author which names Peter Van Houten who fled to Amsterdam after the novel was published and hasn't been heard and show until now. Augustus Waters and Hazel Grace are very curious about the ending story of *An Imperial Affliction* novel.

Since a week after Hazel Grace and Augustus Waters discuss about the literary meaning of "*An Imperial Affliction*" novel, quietly Augustus sends an email to Van Houten's assistant that names Lidewij Vligenthart. Both of them wrote to Van Houten with some the questions about the story of novel ending and the fate of Anna's mother. Eventually, Van Houten replies their email and then he explains that he can only answer their questions if Hazel and Augustus go to Amsterdam directly. Then through intermediaries Lidewij, Hazel and Augustus are invited to come in Amsterdam for meeting with Peter Van Houten. In Amsterdam, suddenly Augustus Waters confesses his love for Hazel Grace. She gladly accepted the acknowledgment. After that, Hazel and Augustus finally meet with Van Houten but they are shocked when find that man is an alcoholic man.

After that trip Augustus confesses to Hazel that his health is bad. So that Augustus and Hazel affirm their love and support for

each other. Since their return to Indianapolis, Augustus health gets worse and he is taken care in the Emergency Room in a hospital for a few days. Fearing his death, Augustus invites Hazel and his friend Isaac to come in his pre-funeral, where they give each other the spirit for life. Augustus died after he is taken care in the Emergency Room. Suddenly, Van Houten shows up at Augustus' funeral and he wants apologize to Hazel because his behavior that hurts them while in Amsterdam.

Eventually, Hazel start learns that Augustus was writing a sequel about An Imperial Affliction novel. Then, she reads sequel of Augustus and inside the words of sequel, he says getting hurt in this world, but we get to choose who we allow to hurt us, and that he is happy with his choice, and Augustus hopes Hazel likes her choice too. After Augustus' death, Hazel began to accept it all and continued her life steadfastly.

2.7. Review of Previous Study

This sub-chapter will discuss the previous studies conducted by the previous researcher that relevance with the writer's study. The first thesis of Reni (2019), *"The Analysis of Stella Grant as Survivor in Novel "Five Feet Apart" Written By Rachel Lippincott"*. This research, the researcher analyze the main character in novel Five Feet Apart. The classification of the

characters can show the writer the role of the character itself in the novel. By knowing the characteristic of the character, the writer can analyze the problem of the character itself. Besides that, the reason of choosing this title is because the characteristic of Stella is a cystic fibrosis (CF'er) survivor and her struggle to fight for her serious illness is very inspiring and interesting to be analyzed.

The second thesis of Shienna (2020), *“The Influence of Olly to The Development of Madeline Whittier’s Personality in Nicola Yoon’s Everything, Everything”*. In this research, the researcher will be focused on Olly, because the researcher thought that Madeline’s characteristics at the beginning of the story are results from Madeline Whittier, who was diagnosed with SCID (Severe Combined Immunodeficiency) since she was one year old and how her mom treated her. While the one who really made Madeline’s characteristics develop is Olly. The variables for this research would be personality traits, behaviors, and how people treat one another.

The third thesis of Ahmad (2020), *“Mental Disorder Reflected in Novel “A World Without You” Written By Beth Revis (2016) : A Psychoanalytic Approach”*. In this research, the researcher chooses A World Without You as the object of the research because in this novel tells about a person who fixes mental disorders, where the researcher wants to discuss here how

to deal with things about him that are considered by others related to mental disorders until finally meeting the same people, who are related to super, at the time that they were all teenagers who have mental disorders but with different things, such as one example Bo, the main character who corrects delusions, Sofia who fixes depression, Harold with auditory hallucinations, and various characters with different mental disorders.

Based on some the research above, the researcher can analysis data of The Influence and Support of Augustus Waters to Hazel Grace in Facing The Cancer through Novel “The Fault in Our Stars” By John Green. It’s one of data sources to get the influences by reading the novel. The researcher also get data of the influences and support of Augustus Waters to Hazel Grace in this novel by analysis and described from the dialogues in the novel by using descriptive qualitative method.