

**IMPROVING STUDENTS' READING COMPREHENSION BY USING  
DISCOVERY LEARNING OF FIRST GRADE STUDENTS OF  
MAN 3 NGANJUK**

**THESIS**

**Presented to  
State of Islamic Institute (IAIN) Kediri  
in Partial Fulfillment of The Requirements  
for The Degree of *Sarjana* in English Language Education**



By:  
**Fina Ardiyanti**  
**(932206316)**

**DEPARTMENT OF ENGLISH LANGUAGE TEACHING  
FACULTY OF TEACHER TRAINING AND EDUCATION  
STATE ISLAMIC INSTITUTE (IAIN) OF KEDIRI  
2020**

## ABSTRACT

Ardiyanti, Fina. 2020. *Improving Students' Reading School by Using Discovery Learning of First Grade Students of MAN 3 Nganjuk*. Thesis. Department of English Language Education, Faculty of Education and Teacher Training. State Islamic Institute of Kediri (IAIN Kediri). Advisors: (I) Dr. Ary Setya Budhi Ningrum M.Pd (II) Nurul Aini, M.Pd

Keywords: Reading Comprehension, Discovery Learning

Reading skills are very important in learning English in the classroom. The ability to read students can affect the level of understanding of students in a material in learning English. However, there is a lack of students' reading skills in understanding a material in class, there are many factors that cause that lack. The author believes whether the factors that cause the weakness of students in understanding a reading in English due to lack of confidence in concluding the meaning contained in the reading. Therefore, the researcher is interested in finding out the correlation between self-confidence, self-efficacy and English reading achievement. This research was aimed to find out whether there is a relationship between self-confidence, cell-efficacy and reading achievement of second grade students and how big is the relationship of all these variables.

This research used classroom action research. The data were obtained through spreading questionnaire of self-confidence, questionnaire of self-efficacy and test of reading skill by having the multiple choice questions on google form. The data were analysed by using a SPSS Program version 25 namely multiple linier regression that focus on correlation among Self-Confidence into reading achievement, correlation between Self-Efficacy into reading achievement and whether a positive and significant relationship among Self-Confidence and Self-Efficacy with English reading skill of second grade students of MAN 3 Nganjuk.

The finding of this research, showed that there is no correlation between independent variables that is self-confidence and self-efficacy into dependent variable that is English reading achievement. The results of this study indicated that the value of sig. the Self-Confidence results are greater than r-table that is  $0.395 > 0.05$  and the results of t-count are smaller than t-table which is  $0.857 < 1.996$ . this means that H1 is rejected and H0 is accepted, and for the Self-Efficacy is that the value of sig. the results of Self-Efficacy are greater than r-table that is  $0.210 > 0.05$  and the results of t-count are smaller than t-table which is  $-1.266 < 1.996$ . this means that H1 is rejected and H0 is accepted, hence, all these are no relationship between the Self-Confidence variable, Self-Efficacy variable of English Reading Achievement of second grade students of MAN 3 Nganjuk. Thus, it can be concluded that there are no significant correlation among Self-Confidence, Self-Efficacy dan English Reading achievement of second grade students of MAN 3 Nganjuk.

## DECLARATION OF AUTHENTICITY

Name : Fina Ardiyanti  
Student's ID Number : 932206316  
Department : English Language Education  
Faculty : Tarbiyah  
Title of Thesis : Improving Students' Reading Comprehension by Using  
Discovery Learning of First Grade Students of MAN 3  
Nganjuk

I hereby declare that the thesis and the work presented in it are my own and it has been generated by me as the result of my own original research. It does not incorporate any materials previously written published by another person except those indicated in quotations and references. No portion of this work has been submitted in support of an application for another degree or qualification of this or any other university or institution of higher education. Due to this fact, I am the only person responsible for the thesis if there is any objection or claim from others.

This thesis is to fulfil the requirement for the degree of *Sarjana (SI)* in English Study Program, State Islamic Institute (IAIN) Kediri.

Kediri, Juni 08<sup>th</sup>, 2020

The Researcher,

Fina Ardiyanti

NIM. 9322.063.16

**APPROVAL PAGE**

**IMPROVING STUDENTS' READING COMPREHENSION BY USING  
DISCOVERY LEARNING OF FIRST GRADE STUDENTS OF MAN 3  
NGANJUK**

**FINA ARDIYANTI**  
**NIM: 932206316**

**Approved by:**

**Advisor I**



**Dr. Ary Setya B. N. M.Pd**  
**NIP. 19820430 200801 2 011**

**Advisor II**



**Nurul Aini M.Pd.**  
**NIDN. 2003079801**

## RATIFICATION SHEET

**IMPROVING STUDENTS' READING COMPREHENSION BY USING  
DISCOVERY LEARNING OF FIRST GRADE STUDENTS  
OF MAN 3 NGANJUK  
FINA ARDIYANTI**

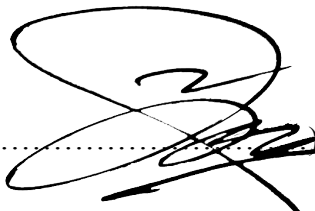
**9322.063.16**

Has been examined by the Board of Examiners of State Islamic Institute of Kediri  
on 11<sup>th</sup> 2020

**1. Main Examiner**

**Dr. Agus Edi Winarto, M.Pd.**

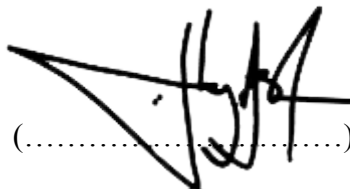
**NIP. 196505272000031001**

(.....  


**2. Examiner I**

**Dr. Ary Sety Budhi Ningrum, M.Pd**

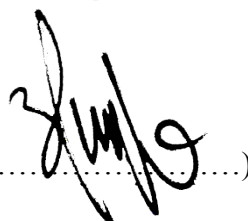
**NIP. 198204302008012011**

(.....  


**3. Examiner II**

**Nurul Aini, M.Pd.**

**NIDN. 2003079801**

(.....  


Kediri, 14 August 2020

Acknowledged by

Dean of Faculty of Tarbiyah

State Islamic Institute (IAIN) of Kediri



**Dr. H. Ali Anwar, M.Ag**

**NIP. 19640503 199603 1 00 1**

**RATIFICATION SHEET**

**IMPROVING STUDENTS' READING COMPREHENSION BY USING  
DISCOVERY LEARNING OF FIRST GRADE STUDENTS  
OF MAN 3 NGANJUK  
FINA ARDIYANTI**

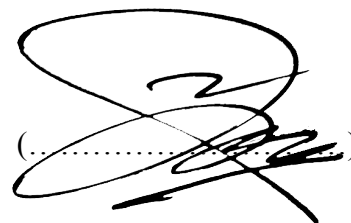
**9322.063.16**

Has been examined by the Board of Examiners of State Islamic Institute of Kediri  
on 11<sup>th</sup> 2020

**4. Main Examiner**

**Dr. Agus Edi Winarto, M.Pd.**

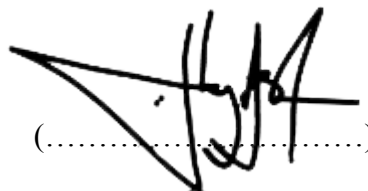
**NIP. 196505272000031001**

(.....)  


**5. Examiner I**

**Dr. Ary Sety Budhi Ningrum, M.Pd**

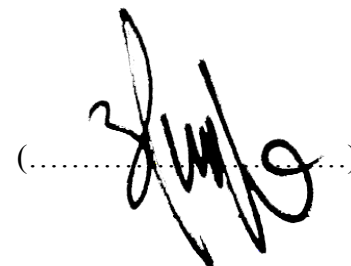
**NIP. 198204302008012011**

(.....)  


**6. Examiner II**

**Nurul Aini, M.Pd.**

**NIDN. 2003079801**

(.....)  


Kediri, 14 August 2020

Acknowledged by

Dean of Faculty of Tarbiyah

State Islamic Institute (IAIN) of Kediri



**Dr. H. Ali Anwar, M.Ag**  
**NIP. 19640503 199603 1 00 1**

## NOTA KONSULTAN

Kediri, 08 Juni 2020

Nomor :  
Lampiran : 4 (empat) berkas  
Hal : Bimbingan Skripsi

Kepada  
Rektor Institut  
Agama Islam Negeri (IAIN) Kediri  
Di  
Jl. Sunan Ampel No. 07 Ngronggo  
Kediri

*AssalamualaikumWr. Wb*

Memenuhi permintaan Bapak Rektor untuk membimbing penyusunan skripsi mahasiswa tersebut dibawah ini:

Nama : Fina Ardiyanti

NIM : 9322 063 16

Judul : **Improving Students' Reading Comprehension by**

**Using Discovery Learning of First Grade Students of  
MAN 3 Nganjuk**

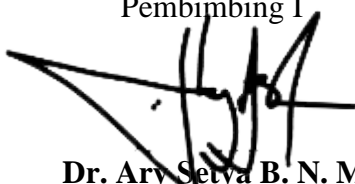
Setelah diperbaiki materi dan susunannya, kami berpendapat bahwa skripsinya telah memenuhi syarat sebagai kelengkapan ujian akhir sarjana strata satu (S-1).

Bersama ini terlampir satu berkas naskah skripsinya. Dengan harapan dalam waktu yang telah ditentukan dapat diajukan dalam siang munaqosah.

Demikian agar maklum dan atas kesediaan Bapak, kami ucapkan banyak terima kasih.

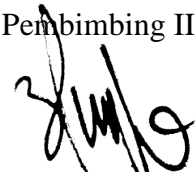
*Wassalamu'alaikum Wr. Wb.*

Pembimbing I



Dr. Ary Setya B. N. M.Pd  
NIP. 19820430 200801 2 011

Pembimbing II



Nurul Aini, M.Pd.  
NIDN. 2003079801

## NOTA PEMBIMBING

Kediri, 13 Mei 2020

Nomor :  
Lampiran : 4 (empat) berkas  
Hal : Bimbingan Skripsi

Kepada  
Rektor Institut  
Agama Islam Negeri (IAIN) Kediri  
Di  
Jl. Sunan Ampel No. 07 Ngronggo  
Kediri

*AssalamualaikumWr. Wb*

Memenuhi permintaan Bapak Rektor untuk membimbing penyusunan skripsi mahasiswa tersebut dibawah ini:

Nama : Fina Ardiyanti

NIM : 9322 063 16

Judul : **Improving Students' Reading comprehension by Using  
Discovery Learning of First Grade Students of MAN 3  
Nganjuk**

Setelah diperbaiki materi dan susunannya, sesuai dengan beberapa petunjuk dan tuntunan yang diberikan dalam siding Munaqosah yang dilaksanakan pada tanggal....., kami berpendapat bahwa skripsinya telah memenuhi syarat untuk disahkan sebagai kelengkapan syarat memperoleh gelar Sarjana Strata Satu(S-1) Fakultas Tarbiyah dan Ilmu Keguruan Jurusan Pendidikan Bahasa Inggris.

Demikian agar maklum dan atas kesediaan Bapak, kami ucapkan banyak terima kasih.

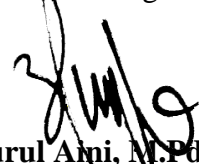
*Wassalamu'alaikum Wr. Wb.*

Pembimbing I



Dr. Ary Setya B. N. M.Pd  
NIP. 19820430 200801 2 011

Pembimbing II



Nurul Ami, M.Pd  
NIDN. 2003079801



## MOTTO

لَأَزِيدَنَّكُمْ وَلَئِن كَفَرْتُمْ إِنَّ عَذَابِي لَشَدِيدٌ وَإِذْ تَأَذَّنَ رَبُّكُمْ لَئِن شَكَرْتُمْ

*“And when your Lord proclaimed: If ye give thanks, I will give you more; but if ye are thankless, My punishment is dire.” (Ibrahim ; 7)*

## **DEDICATION**

This graduation paper is whole heartedly dedicated to:

- ❖ Allah SWT the almighty God for everything to me
- ❖ My beloved parents Imam Turmudhi and Hartini, who are always in my heart. Thanks for all support, trust, finance, encouragement and pray all the time to me
- ❖ My sincerely advisors, Ms. Dr. Ary Setya Budhi Ningrum, M.Pd. and Ms. Nurul Aini, M.Pd. I say thank you very much for all your patient and great suggestion and guidance to lead my thesis better
- ❖ Mr. Dr. Ali Anwar M.Ag. the Dean of State Islamic Institution of Kediri and the father of Syarif Hidayatullah Cyber Pesantren. I do thank you very much for your great motivation and pray to all your santries.
- ❖ My love husband, M. Zainal Mustopa. I love you
- ❖ My best friends Kharismaning, Yuni, Marisa. Thanks for all your support and everything.

## ACKNOWLEDGEMENTS

Alhamdulillah, thank the authors say the presence of Allah Almighty for all the abundance of grace and His gifts so that the author can complete the final thesis entitled **“IMPROVING STUDENTS’ READING COMPREHENSION BY USING DISCOVERY LEARNING OF FIRST GRADE STUDENTS OF MAN 3 NGANJUK”**.

In writing this thesis, the author gets a lot of help from several parties. Therefore, on this occasion, the authors express their thanks to:

1. Dr. Ary Setya Budhi Ningrum, M.Pd. as the supervisor I in writing this thesis, thank you for the time, patience, support and inspiration to the author
2. Nurul Aini, M.Pd. as the supervisor II in writing this thesis, thank you for the time, patience, support and inspiration to the author
3. Teachers of MAN 3 Nganjuk which provides a place to carry out research and provide ideas and motivation in the research process.
4. All of second grade students of MAN 3 Nganjuk which helped to gain the data to complete this thesis work
5. Parents and my husband who always pray for and support me in completing this thesis.

The author is fully aware of the limitations of his knowledge, so there may be errors and shortcomings in this study. Therefore the authors expect constructive criticism and suggestions from readers. Hopefully this research is useful both for writers and readers.

Writer

Fina Ardiyanti

## TABLE OF CONTENTS

<b>COVER PAGE</b> .....	
<b>DECLARATION OF AUTHENCITY</b> .....	
<b>APPROVAL PAGE</b> .....	
<b>RATIFICATION SHEET</b> .....	
<b>NOTA KONSULTAN</b> .....	
<b>NOTA PEMBIMBING</b> .....	
<b>MOTTO</b> .....	
<b>DEDICATION SHEET</b> .....	
<b>ACKNOWLEDGEMENTS</b> .....	
<b>ABSTRACT</b> .....	
<b>TABLE OF CONTENT</b> .....	
<b>LIST OF TABLES</b> .....	
<b>LIST OF APPENDICES</b> .....	
<b>CHAPTER I : INTRODUCTION</b> .....	
A. Background of the Study .....	
B. Problem of the Study .....	
C. Objective of the Study.....	
D. Significance of the Study.....	
E. Hypothesis of the Study .....	
F. Scope and Limitation.....	
G. Definition of Key Term .....	
<b>CHAPTER II : THEORETICAL FRAMEWORK</b> .....	
A. Self-Confidence .....	
B. Self-Efficacy .....	
C. English Reading Comprehension.....	
D. Achievement .....	
E. Correlation among Self-Confidence, Self-Efficacy and English Reading Achievement.....	

<b>CHAPTER III : RESEARCH METHOD</b>	.....
A. Research Design	.....
B. Variable of The Research	.....
C. Population and Sample	.....
D. Research Instrument	.....
E. Data Collection	.....
F. Data Analysis	.....
<b>CHAPTER IV : RESEARCH FINDING AND DISCUSSION</b>	.....
A. Finding	.....
B. Discussion	.....
<b>CHAPTER V : CONCLUSION AND SUGGESTION</b>	.....
A. Conclusion	.....
B. Suggestion	.....
<b>BIBLIOGRAPHY</b>	.....
<b>APPENDIX</b>	.....
<b>CURRICULUM VITAE</b>	.....

## **LIST OF TABLES**

- Table 3.1 Procedure of Classroom Action Research
- Table 3.2 Form of Observation Checklist to the teacher
- Table 3.3 Form of Observation Checklist to the students
- Table 3.4 Evaluation Criteria of Multiple Choices
- Table 3.5 Percentages of Score
- Table 4.1 Teacher's Observational Checklist of Cycle 1
- Table 4.2 Students' Observational Checklist of Cycle 1
- Table 4.3 Teachers' Observational Checklist of Cycle 2
- Table 4.4 Students' Observational Checklist of Cycle 2
- Table 4.5 Count of Pre-test and Post-test of Cycle 1
- Table 4.6 Count Passing Grade of Pre-test in cycle I
- Table 4.7 Count Passing Grade of Post-test in Cycle 1
- Table 4.8 Count of Mean in Cycle 1
- Table 4.9 Count of Pre-test and Post-test of Cycle 2
- Table 4.10 Count Passing Grade of Pre-test in cycle 2
- Table 4.11 Count Passing Grade of Post-test in Cycle 2
- Table 4.12 Count of Mean in Cycle 2

## APPENDICES

Appendix 1.....	52
Appendix 2.....	65
Appendix 3.....	77
Appendix 4.....	79
Appendix 5.....	81
Appendix 6.....	87
Appendix 7.....	90
Appendix 8.....	91
Appendix 9.....	92
Appendix 10.....	93
Appendix 11.....	94
Appendix 12.....	95
Appendix 13.....	96
Appendix 14.....	97