

## **CHAPTER I**

### **INTRODUCTION**

This chapter presents the background of the study, the problem of the study, the objective of the study, the scope and limitation of the study, the significance of the study, and the definition of key term.

#### **A. The Background of Study**

Since literary work can be created anytime, anywhere and through many media, people be able to enjoy their life. They can express many things through writing, painting, taking pictures, making movies, etc, where it presents a large of social living in the society. Literary work is also used as control social in the society because it contains of social expression and the problems that need to be solved. It shows the portrait of life and life is being a social reality. Therefore in essence, every person is accompanied by literature because it relates with psychology. Literary work is a result of someone's psychological conditions. Whereas, psychology is used to assess a work. It makes a relation that can not be separated of daily life especially in education field and it is known as psychology of literature.

Psychology of literature is a psychological study of the author about type and as individual or study about creativity process. It is also a study about laws in literary work or the effect of literature for its reader (Warren, 1948:55-56). Literature and psychology tend to have the same deal to solve the problem with human as individual and social. It means that the human's experience is placed as object study. There is an assumption about literary work as product of an author psyche and thoughts who in subconscious condition then it is expressed in a conscious condition. It shows that between conscious and unconscious always close on the imagination of the author. The power of literary work can be seen to what extent the author is able to express his unconscious psychological expression in a literary creation.

As the representation of life, literary work can be used as a device to explore what happens in society so that a study about society is possible to be undertaken by analyzing literary work. The forms of literary work that people find in daily life are various including movies. Movies are one of literatures besides the novel, poem, etc. A movie is a story that is recorded as a set of moving pictures to be shown on television or at the cinema especially used mainly in American English. It tells a story or something that happens in real life or a series of events (Cobuild, 1987:945). Therefore the researcher chooses an American psychological thriller movie as an object to study by the title *Split*. It is created by M. Night Shyamalan and first released on January 2017. The *Split* movie is one of Shyamalan's movies about personalities that has been a success with an estimated budget about \$9 million. This is a complex disorder movie where the main character named Kevin Wendel Crumb has many personalities. However, the researcher wants to find out his psychological conditions that is figured out as anxiety. Moreover, the researcher wants to analyze his anxiety and how his defense mechanism which has been done to reduce his anxiety.

In analyzing this movie, the researcher uses psychoanalysis theory by Sigmund Freud. In personality theory, anxiety is a result from subconscious conflict between three personality structures such as id, ego, and superego. Anxiety is an important variable of almost all personality theories. Anxiety is an impact of conflict which is part of life and becomes something that can not be separated, it is seen as a major component of the personality dynamics. Anxiety is a threat to the ego. Anxiety is also the function of ego to warn individual about the possibility of a danger, so that individual can prepare themselves against it (Fatwikiningsih, 2020:34). There are many threats that can cause anxiety, it can be psyche and everything danger. It is also followed by worried, fear, unhappy, etc. It means that anxiety will

appear when someone facing a danger situation as mechanism to keep themselves.

Refer to self defense mechanism, Freud uses this term to refuse the anxiety. Defense mechanism is to defend an individual of external threats or internal impulses by distorting reality. The function of psychodynamic anxiety is to help individual refuse instinctive impulse that unwanted into consciousness (Alwisol, 2018:25). Defense mechanism is a strategy that be used to survive as a way to against the impulse of id and superego. It shows that defense mechanism will reduce an excessive anxiety and denies the reality which is too hard and painful to be accepted.

For doing this research, there are some reasons that cause the researcher chooses this movie as an object of study. *First*, this movie is the psychological thriller which contains of the problems in the society. *Second*, this movie tells about personal disorder which is suffered by the main character as the defense mechanism. *Third*, the researcher want to know the history of the personal disorder that be suffered by the main character as the defense mechanism. Therefore the researcher uses psychoanalysis theory by Sigmund Frued because be regarded as an appropriate theory to analyze the psychological condition of the main character. So that, the researcher is interested in conducting a study entitled “**Psychoanalysis on Kevin’s Anxiety and Self-Defense Mechanism in The *Split* Movie**”

## **B. The Problem of The Study**

Based on the research background, the researcher will focus on the problems as follow :

1. What are the types of Kevin’s anxiety?
2. What are the self-defense mechanism to overcome Kevin’s anxiety?

### **C. The Objective of The Study**

In the line with the research problems, the objectives are :

1. To know the types of Kevin's anxiety
2. To know the self-defense mechanism to overcome Kevin's anxiety

### **D. The Scope and Limitation of The Study**

The scope of this study is based on a psychoanalysis where the researcher in this research concentrates on the anxiety and self-defense mechanism of the main character in the *Split* movie.

The limitation of this study is on the characteristic of psychoanalysis theory by Sigmund Freud that be used to analyze the data. This theory tend to assume that human behavior is determined by psychic energy which minimalizes the rational thinking of the researcher. Therefore the researcher optimizes in collecting the data to get a depth understanding based on the theory.

### **E. The Significance of The Study**

The researcher expects that the result of this study can be useful both in theoretically and practically. Theoretically, the result of this study will give the answers of the questions in accordance with the formulation of the research problems. Whereas practically, the researcher hopes that the result of this study will useful:

1. For the researcher, the result of the study is expected to give more understanding about anxiety and self-defense mechanism of the main character in a movie.
2. For the lecturers, it can be used to give more information for students collage that be taught about anxiety and self-defense mechanism of the main character in a movie.
3. For the next researcher, it will give useful information to conduct further studies about a psychoanalysis related with anxiety and self-defense mechanism of the main character in a movie.

## F. The Definition of Key Term

Based on the statement of the research above, the researcher would like to give the definition of key terms which are used in this study. There are psychology, anxiety, defense mechanism, and the *Split* 2017 movie.

### 1. Psychology

The term of psychology comes from *psyche* that it means the soul and *logos* where it means knowledge or science. Therefore, psychology is often interpreted as the science of the soul (Walgito, 2004:1-2). Psychology is also be known as knowledge that be obtained by conducting scientific approach. Where it must be carried out in a planned and systematic based on empirical data.

### 2. Anxiety

The term of anxiety in literature refer to feel fear on something that comes out of the context or situation in life (Pine, 2000). Anxiety is also an important dynamic personality in a psychoanalysis study. It can be applied into various phenomenon in a psychoanalytic based learning.

### 3. Defense Mechanism

Defense mechanism is known as an effort to defend the self from scary and painful events (Cramer, 1991). The purpose of defense is to overcome the function of ego or a danger that has an excessive negative affect such as anxiety or guilt.

### 4. The *Split* 2017 Movie

The *Split* movie is one of film about personality disorder by M. Night Shyamalan. The genre of this movie is American psychological thriller. It is realeased on January 2017 and success with an estimated budget about \$9 million.