

**PSYCHOANALYSIS ON KEVIN'S ANXIETY AND SELF-DEFENSE
MECHANISM IN THE *SPLIT* MOVIE**

THESIS

Presented to
State Islamic Institute of Kediri
in Partial fulfillment of the Requirements
For Degree of *Sarjana* in English Education



By:

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ABSTRACT

Madona, Ayu. 2021. *Psychoanalysis on Kevin's Anxiety and Self-Defense Mechanism in The Split Movie*. Departement of English Language Education. Faculty of Tarbiyah. State Islamic Institide of (IAIN) Kediri.

Advisors: (1). Bahruddin, S.S., M.Pd (2). Muhammad Afifi, S.Hum., M.Pd

Key Terms: Psychology, anxiety, defense mechanism, DID, the *split* movie

Movie is one of literary work which is series of story that combine voice, picture and gesture. A movie is created to express story or passage that happened in human social life. Relating with it, the researcher chooses the *split* movie which is a psychological thriller by Night Shyamalan to be conducted as an object of study. This study is written to answer two research problem, that are: (1) What are the types of Kevin's anxiety?, (2) What are the self-defense mechanism to overcome Kevin's anxiety?.

This thesis analyses the psychological condition that be felt by Kevin as the main character in the *split* movie. The aim of this study is to find out the anxiety that be suffered by Kevin and how to reduce it by conduct his defense mechanism. To support this study, the researcher uses Sigmund Freud's theory to collect the data about psychology clearly. This study uses qualitative research with descriptive analysis method where the result of research finding be showed using words, phrase, and sentences. The data of the research are pictures and dialogues that be expressed by the main character.

The result of the study shows that Kevin has three types of anxiety consists of realistic anxiety, neurotic anxiety and moral anxiety. It is caused by the violence that be done by his mother in his childhood so that it makes him getting traumatic experience. Then he brings it until an adult and creates many personalies or known *Dissociative Identity Disorder* (DID) as his defense mechanism. Therefore he creates the defense mechanism that consists of displacement, repression, regression, reaction formation, and projection.

DECLARATION OF AUTHENTICITY

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SELF-DEFENSE MECHANISM IN THE *SPLIT* MOVIE


I truly state that this thesis by the title above is my own work. It is written by me with all of knowledge that I has. For accomplishing this thesis, I has been guided by my advisors who have more experience than me. I conducted this thesis based on the data obtained of *split* movie, journals, reference books, and other sources. I do not duplicate from other writing that maybe has been submitted or published before except the certain part that I took as quotations and references. If oneday this thesis be proven as the result of imitation or plagiarism, sincerely i will be responsible for it.

This thesis presented to fulfillment the requirements for degree of *Sarjana* (S1) in English Department, State Islamic Institute of Kediri.

Kediri, June 10th, 2021

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Assalamu'alaikum Warahmatullahi Wabarakatuh.

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Setelah diperbaiki materi dan susunannya, kami berpendapat bahwa skripsinya telah memenuhi syarat sebagai kelengkapan ujian akhir Sarjana (S-1).

Bersama ini kami lampirkan berkas naskah skripsinya, dengan harapan segera diajukan dalam sidang munaqosah.

Demikian dan atas kesediaan Bapak, kami ucapkan terimakasih.

Wassalamu'alaikum Warahmatullahi Wabarakatuh.

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Setelah diperbaiki materi dan susunannya, sesuai dengan beberapa petunjuk dan tuntunan yang diberikan dalam sidang munaqosah yang dilaksanakan pada tanggal, 24 Juni 2021, kami dapat menerima dan menyetujui hasil perbaikannya.

Demikian agar maklum adanya.

Wassalamu'alaikum Warahmatullahi Wabarakatuh.

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MOTTO

“The best years of your life are the ones in which you decide your problems are your own. You do not blame them on your mother, ecology, and the president. You realize that you control your own destiny”.

-Albert Ellis-

DEDICATION

In the name of Allah SWT, the most gracious and merciful, and the Prophet Muhammad SAW as the inspiration of Moslem's life, I dedicate this thesis to:

- My beloved father (Sumani) and my beloved mother (Kusingah) who love me, give me happiness, strive for my education and always pray for me. They are my spirit to accomplish this thesis.
- My brother (Aditya Galuh Prayoga) who always accompanies me wherever I am and gives me snacks to cheer me up.
- My grandfather and my grandmother, my uncle and my aunt, and all of my big family who always pray for my success.
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6. All of my friends who have been given me spirit, smile, support, and new colors in my life.

The writer realizes that this thesis is still far away from perfection so that the writer needs the constructive critics and suggestion from the readers in order to conduct better study in the future. Then, the writer hopes that this thesis will give positive contribution for the readers especially for the students of English Department.

Kediri, June 10th, 2021

The writer,

Ayu Madona

TABLE OF CONTENTS

DECLARATION OF AUTHENTICITY	Error! Bookmark not defined.
APPROVAL SHEET	Error! Bookmark not defined.
RATIFICATION SHEET	Error! Bookmark not defined.
NOTA KONSULTAN	Error! Bookmark not defined.
NOTA PEMBIMBING	Error! Bookmark not defined.
MOTTO	vii
DEDICATION	viii
ACKNOWLEDGEMENT	ix
ABSTRACT	Error! Bookmark not defined.
TABLE OF CONTENTS	x
CHAPTER I: INTRODUCTION	Error! Bookmark not defined.
A. The Background of Study	Error! Bookmark not defined.
B. The Problem of The Study	Error! Bookmark not defined.
C. The Objective of The Study	Error! Bookmark not defined.
D. The Scope and Limitation of The Study	Error! Bookmark not defined.
E. The Significance of The Study	Error! Bookmark not defined.
F. The Definition of Key Term	Error! Bookmark not defined.
CHAPTER II: LITERATURE REVIEW	Error! Bookmark not defined.
A. Psychology and Literature	Error! Bookmark not defined.
B. Psychoanalysis by Sigmund Freud	Error! Bookmark not defined.
C. Personality Structures	Error! Bookmark not defined.
D. Anxiety	Error! Bookmark not defined.
E. Self-Defense Mechanism	Error! Bookmark not defined.
F. The Previous Study	Error! Bookmark not defined.
G. The Synopsis of The <i>Split</i> Movie	Error! Bookmark not defined.
CHAPTER III: RESEARCH METHODOLOGY	Error! Bookmark not defined.
A. Research Design	Error! Bookmark not defined.

B. Data Source	Error! Bookmark not defined.
C. Research Instrument.....	Error! Bookmark not defined.
D. Data Collection.....	Error! Bookmark not defined.
E. Data Analysis	Error! Bookmark not defined.
F. Triangulation.....	Error! Bookmark not defined.
CHAPTER IV: RESEARCH FINDING AND DISCUSSION.....	Error! Bookmark not defined.
A. Research Finding.....	Error! Bookmark not defined.
1. The Anxiety Felt by Kevin Wendell Crumb	Error! Bookmark not defined.
2. The Defense Mechanism done by Kevin Wendell Crumb	Error! Bookmark not defined.
B. Discussion	Error! Bookmark not defined.
CHAPTER V: CONCLUSION AND SUGGESTIONS..	Error! Bookmark not defined.
A. Conclusion.....	Error! Bookmark not defined.
B. Suggestions	Error! Bookmark not defined.
REFERENCES	Error! Bookmark not defined.
APPENDIX	Error! Bookmark not defined.