

**A MULTIMODAL DISCOURSE ANALYSIS ON THE REPRESENTATION
OF OBSESSIVE-COMPULSIVE DISORDER IN SHORT FILM**

THESIS

Presented to

State Islamic University of Syekh Wasil Kediri

In Partial Fulfilment of the Requirement

For the Degree of Sarjana in English Language Education



BY:

FEBRY WULANDARI

NIM. 22202042

ENGLISH EDUCATION DEPARTMENT

FACULTY OF TARBIYAH AND TEACHER TRAINING

STATE ISLAMIC UNIVERSITY OF SYEKH WASIL KEDIRI

2026

**A MULTIMODAL DISCOURSE ANALYSIS ON THE REPRESENTATION
OF OBSESSIVE-COMPULSIVE DISORDER IN SHORT FILM**

THESIS

Presented to

State Islamic University of Syekh Wasil Kediri

In Partial Fulfilment of the Requirement

For the Degree of Sarjana in English Language Education

BY:

FEBRY WULANDARI

NIM. 22202043

ENGLISH EDUCATION DEPARTMENT

FACULTY OF TARBIYAH AND TEACHER TRAINING

STATE ISLAMIC UNIVERSITY OF SYEKH WASIL KEDIRI

2026

DECLARATION OF AUTHENTICITY

Name : Febry Wulandari
Student's ID Number : 22202042
Study Program : Department of English Language Education
Faculty : Tarbiyah and Teacher Training
Title of Thesis : A Multimodal Discourse Analysis on the
Representation of Obsessive-Compulsive
Disorder in Short Film

I hereby declare that this thesis and the work presented in it are my own and have been generated by me as the result of my own original research. It does not incorporate any materials previously written or published by another person, except where appropriate acknowledgment made. This thesis has not been submitted for any other degree or qualification at this or any other university or institution of higher education. I am fully responsible for the content of this thesis in case of any objections or claims from others. This thesis submitted to fulfil the requirements for the degree of Bachelor in the English Study Program at State Islamic University of Syekh Wasil Kediri.

Kediri, 22 June 2026
The Researcher



Febry Wulandari
NIM. 22202042

APPROVAL PAGE

This is certified that the Sarjana's Thesis of Febry Wulandari has approved by thesis advisors for the further approval by the board of examiners.

A MULTIMODAL DISCOURSE ANALYSIS ON THE REPRESENTATION OF OBSESSIVE-COMPULSIVE DISORDER IN SHORT FILM

FEBRY WULANDARI
NIM. 22202042

Approved by:

Advisor 1



Dr. Dewi Nur Suci, S.S, M.Pd
NIP. 198909142023212040

Advisor 2



Dr. Irma Khoirot Daulay, M.Hum
NIP. 199003132022032001

RATIFICATION SHEET

A MULTIMODAL DISCOURSE ANALYSIS ON THE REPRESENTATION OF OBSESSIVE-COMPULSIVE DISORDER IN SHORT FILM

FEBRY WULANDARI
NIM. 22202042

Has examined by the board of examiner of State Islamic University of Syekh
Wasil Kediri, on 22 June 2026

1. Main Examiner

Nur Afifi, M.App.Ling, Ph.D.
NIP. 197707132003122003


(.....)

2. Examiner I

Dr. Dewi Nur Suci, S.S, M.Pd
NIP. 198909142023212040


(.....)

3. Examiner II

Dr. Irma Khoirot Daulay, M.Hum
NIP. 199003132022032001


(.....)

Kediri, 22 June 2026

Acknowledged by Dean of Faculty Tarbiyah and Teacher Training
State Islamic University of Syekh Wasil Kediri


Prof. Dr. Hj. Munifah, M.Pd.
NIP. 197004121994032006

NOTA KONSULTAN

Kediri, 29 Juni 2026

Nomor : -
Lampiran : -
Hal : Bimbingan Skripsi

Kepada
Yth. Dekan Fakultas Tarbiyah dan Ilmu Keguruan
Di
Jl. Sunan Ampel No. 07 Ngronggo

Assalamualaikum Wr. Wb

Memenuhi permintaan ibu Dekan untuk membimbing penyusunan skripsi mahasiswa tersebut dibawah ini

Nama : Febry Wulandari

NIM : 22202042

Judul : A Multimodal Discourse Analysis on the Representation of Obsessive-Compulsive Disorder in Short Film

Setelah dilakukan perbaikan pada materi dan penyusunan skripsi, kami berpendapat bahwa skripsinya telah memenuhi syarat sebagai kelengkapan ujian akhir Sarjana Strata Satu (S-1). Bersama ini terlampir satu berkas naskah skripsinya, dengan harapan dalam waktu yang telah ditentukan.

Demikian surat ini kami sampaikan. Atas perhatian dan kesediaannya, kami mengucapkan terima kasih

Wassalamua'alaikum Wr. Wb.

Advisor I



Dr. Dewi Nur Suci, S.S., M.Pd
NIP. 198909142023212040

Advisor II



Dr. Irma Khoirot Daulay, M.Hum
NIP. 199003132022032001

NOTA PEMBIMBING

Kediri, 29 Juni 2026

Nomor : -
Lampiran : -
Hal : Bimbingan Skripsi

Kepada
Yth. Dekan Fakultas Tarbiyah dan Ilmu Keguruan
Di
Jl. Sunan Ampel No. 07 Ngronggo

Assalamualaikum Wr. Wb

Memenuhi permintaan ibu Dekan untuk membimbing penyusunan skripsi mahasiswa tersebut dibawah ini

Nama : Febry Wulandari

NIM : 22202042

Judul : A Multimodal Discourse Analysis on the Representation of Obsessive-Compulsive Disorder in Short Film

Setelah dilakukan perbaikan pada materi dan susunan skripsi sesuai dengan beberapa masukan yang diberikan dalam Sidang Munaqosah yang dilaksanakan pada 22 Juni 2026, kami menyatakan bahwa hasil perbaikanmua dapat diterima dan disetujui.

Demikian harap maklum atas perhatian dan kesediaanya, kami mengucapkan terima kasih

Wassalamua'alaikum Wr. Wb.

Advisor I



Dr. Dewi Nur Suci, S.S, M.Pd
NIP. 198909142023212040

Advisor II



Dr. Irma Khoirot Daulay, M.Hum
NIP. 199003132022032001

MOTTO

“Allah does not require of any soul more than what it can afford.”

— QS. Al-Baqarah: 286

DEDICATION

Alhamdulillah, all praise and gratitude are devoted to Allah SWT., the Most Merciful and the Most Compassionate, for His endless blessings, guidance, strength, and protection throughout the writer's life. It is only by His will and mercy that the writer has been able to complete this final academic journey. Through His grace and trust, the writer finally reached this point with gratitude and sincerity.

With the deepest gratitude for the completion of this final academic journey, the writer would like to dedicate this thesis to:

1. To my beloved parents, *Almarhum Bapak Ahmadi* and *Ibu Katriah*. Endless gratitude and sincere appreciation are devoted for being loving, caring, and supportive parents throughout every stage of life. To my beloved father, *Almarhum Bapak Ahmadi*, your responsibility, sincerity, and unconditional love became the greatest reason for me to keep moving forward and survive every challenge until reaching this point. To my beloved mother, *Ibu Katriah*, your endless prayers, warm embraces, and unconditional love that have always become my greatest source of strength. Your sincerity and sacrifices in carrying, giving birth to, raising, nurturing, and educating me have shaped me into a strong woman who continues to move forward despite every hardship in life. Thank you for always being the safest home, the place I return to, and the greatest source of encouragement throughout this journey.

2. To my beloved siblings; my first older brother, *Kohar* and his wife, my second older brother, *Toni* and his wife, and my older sister, *Yuli*. Thank you for your protection, advice, support, laughter, and togetherness throughout every stage of life. Your presence has become one of the greatest sources of strength and comfort during this journey.
3. To my six beloved nieces and nephews, *Yoga*, *Zio*, *Zidan*, *Zilva*, *Azka*, and *Izam*, thank you for all the laughter, jokes, happiness, and cheerful moments that always encouraged and entertained me throughout the process of completing this thesis.
4. To my two beloved cats, *Chico* and *Ciki*, thank you for becoming small sources of comfort and joy who always accompanied and entertained me during difficult and exhausting times.
5. To my beloved best friends since junior high school, *Nanda*, *Sania*, and *Tiska*, thank you for sharing countless moments of laughter, stories, advice, and memories throughout the years. Your presence, understanding, and endless support became a source of comfort and strength during the most difficult moments of this journey.
6. To my beloved college friends, *Lilan*, *Nadira*, *Inka*, *Alfi*, *Sakhi*, *Faza*, *Ihsan*, *Azar*, *Faisal*, thank you for accompanying me throughout this academic journey with endless laughter, unforgettable memories, kindness, and meaningful support. From the beginning of college until the completion of this thesis, your presence has made every challenge feel lighter and every

moment more memorable. Thank you for always being there during stressful days, for sharing happiness and struggles together.

7. To my fellow classmates of the English Education Department of UIN Syekh Wasil Kediri, Class of 2022, thank you for all the memories, experiences, support, and togetherness we have shared throughout this academic journey. Every moment of learning, struggling, growing, and achieving success together has been a meaningful part of my college life. May we all be successful, happy, and find the best path in the future.
8. To myself, thank you for getting through every difficult moment, every disappointment, every fear, and every exhausting process along this journey. Thank you for continuing to move forward even when things felt heavy and uncertain. This achievement is proof that all the tears, patience, hard work, and sacrifice were worth it. May this achievement be the beginning of many greater journeys, dreams, and successes in the future,

ACKNOWLEDGMENTS

Alhamdulillahirabbil ‘alamin, the researcher expresses her highest gratitude to Allah SWT for His endless blessings, mercy, and guidance, which have enabled her to complete this thesis entitled **“A Multimodal Discourse Analysis on the Representation of Obsessive-Compulsive Disorder in Short Film”** Peace and blessings be upon Prophet Muhammad SAW, who has guided humankind from ignorance to enlightenment.

This thesis is submitted to the State Islamic University of Syekh Wasil Kediri as partial fulfilment of the requirements for obtaining a Sarjana degree in the Department of English Language Education.

In conducting this research, the researcher encountered many difficulties and challenges. However, she has received valuable support, suggestions, and guidance from many people. Without their assistance, this thesis would not have been completed successfully. Therefore, the researcher would like to express her sincere gratitude to:

1. Prof. Dr. Wahidul Anam, M.Ag., as the Rector of the State Islamic University of Syekh Wasil Kediri.
2. Prof. Dr. Hj. Munifah, M. Pd., as the Dean of Faculty Tarbiyah and Teacher Training of the State Islamic University of Syekh Wasil Kediri.
3. Bapak Burhanudin Syaifulloh, M.Ed., Ph.D., as the Head of English Department State Islamic University of Syekh Wasil Kediri.

4. Ibu Dr. Dewi Nur Suci, S.S., M.Pd., and Dr. Irma Khoirot Daulay, M.Hum., my respectable advisors, for their guidance, valuable advice, attention, and continuous motivation throughout the completion of this thesis. Their invaluable contributions and unwavering support have assisted me in accomplishing this study.
5. All lecturers of the English Education Department (TBI), for their knowledge, guidance, and valuable lessons throughout my four years of study. Their dedication and support have contributed to my academic journey.

Kediri, 22 June 2026
The Researcher

Febry Wulandari
NIM. 22202042

ABSTRACT

Wulandari, Febry (2026). *A Multimodal Discourse Analysis on the Representation of Obsessive-Compulsive Disorder in Short Film.* Thesis. Department of English Language Education. Faculty of Tarbiyah and Teacher Training. State Islamic University (UIN) Syekh Wasil Kediri. Advisor: (I) Dr. Dewi Nur Suci, S.S., M.Pd. and (II) Dr. Irma Khoirot Daulay, M.Hum

Keywords: *representation, stereotype, multimodal discourse analysis, OCD, short film*

In last few decades, mental health issues become a global concern, one of it is Obsessive-Compulsive Disorder (OCD). Unfortunately, OCD is often misunderstood merely as cleanliness or perfectionism, but in realities it is a complex condition involving intrusive thoughts and compulsion behavior. This understanding demonstrates the need for accurate representation in media to build knowledge for society. Therefore, this research aims to examine the multimodal representation of OCD within the characters in the short film O.C.D. and investigate the stereotypes constructed through such depictions.

A qualitative method was applied using Multimodal Discourse Analysis (MDA) proposed by Kress and van Leeuwen (2006). The short film was chosen as the medium that conveys expression concisely and multimodal potential to portray psychological experiences through visual, verbal, and auditory modes. Analysis focused on the seven scenes of short film to examine how multimodal resources construct meaning. Data included dialogue transcripts, and selected scene screenshots of the short film.

The findings show that OCD is portrayed as a complex psychological disorder rather than a simple behavioral trait. Through the integration of visual, verbal, and auditory modes, the film represents OCD as an invisible psychological burden characterized by recurring obsessive thoughts, compulsive behaviors, emotional distress, and social disconnection. Furthermore, the findings reveal that the film produces a stereotype of OCD sufferers as individuals trapped in recurring cycles of obsession and compulsion. Accordingly, the result of this research suggests that short films can be used as effective learning materials to develop students' multimodal and critical literacy. Besides that, this research demonstrates that multimodal representation could enhance audience understanding, foster empathy, and reduce stigma toward mental health disorders.

TABLE OF CONTENTS

A MULTIMODAL DISCOURSE ANALYSIS ON THE REPRESENTATION OF OBSESSIVE-COMPULSIVE DISORDER IN SHORT FILM.....	i
DECLARATION OF AUTHENTICITY	ii
APPROVAL PAGE	ii
RATIFICATION SHEET	iv
NOTA KONSULTAN	v
NOTA PEMBIMBING.....	vi
MOTTO.....	vi
DEDICATION	viii
ACKNOWLEDGMENTS	xi
ABSTRACT.....	xiii
TABLE OF CONTENTS	xiv
LIST OF TABLES.....	xvi
LIST OF FIGURES.....	xvii
LIST OF APPENDICES	xviii
CHAPTER I INTRODUCTION	1
A. Background of the Research	1
B. Research Questions	8
C. Objectives of the Research.....	9
D. Significance of the Research.....	9
E. Scope and Limitation	10
F. Definition of Key Terms.....	10
CHAPTER II LITERATURE REVIEW	12
A. Representation and Mental Health in Media.....	12
B. Stereotype in Media Representation	14
C. Obsessive-Compulsive Disorder	16
D. Multimodality Modes.....	22

E. Multimodal Discourse Analysis (MDA)	24
F. Previous Research	26
CHAPTER III RESEARCH METHODOLOGY	30
A. Research Design.....	30
B. Data and Data Source	31
C. Data Instrument	32
D. Data Collection.....	34
E. Data Analysis.....	35
F. Trustworthiness of the Research	38
CHAPTER IV FINDINGS AND DISCUSSION.....	40
A. Findings.....	40
1. The representation of OCD in O.C.D short film	40
2. Stereotype Conveyed through the Representation of OCD in the Short Film O.C.D.....	61
B. Discussion	63
CHAPTER V CONCLUSION AND RECOMMENDATION.....	69
A. Conclusion	69
B. Recommendation.....	70
REFERENCES.....	72
APPENDICES	78

LIST OF TABLES

Table 4. 1 Representation of OCD in O.C.D Short Film Characters	41
---	----

LIST OF FIGURES

Figure 3. 1 Analysis Data in the Scene of Short Film	35
Figure 4. 1 Close-Up Shot in Repetition.....	43
Figure 4. 2 Fixed Gaze Close-Up Shot	44
Figure 4. 3 Owen’s Compulsive Hand Movement.....	46
Figure 4. 4 Fixed Gaze in Prioritizing Rituals	49
Figure 4. 5 Perfectionist Obsession on Irregularity	51
Figure 4. 6 Personification of Intrusive Thoughts and Control	54
Figure 4. 7 Ongoing Distress under Intrusive Mental Pressure	56
Figure 4. 8 Self-Destructive Compulsion for Order.....	59

LIST OF APPENDICES

Appendix 1. Transcript of O.C.D Short Film.....	78
Appendix 2. Figure in O.C.D Short Film.....	83
Appendix 3. Analytical Sheet of The Representation of OCD in O.C.D Short Film Characters	84
Appendix 4. Curriculum Vitae	99