

APPENDIX 1

PRE-TEST INSTRUMENTS

Read the text below to answer question number 1 – 5!

My Breakfast Habit

Every morning, I have breakfast at home before going to school. I usually eat rice, egg, and sometimes chicken. My mother cooks the food in the kitchen. I also like to eat fruit such as banana or apple because they are sweet and fresh. For drinks, I usually drink a glass of milk or tea. I do not like bitter drinks like coffee. The food is simple, but it is delicious and healthy.

1. What does the writer usually eat?

- A. bread and soup
- B. rice and egg
- C. apple and bread
- D. soup and chicken
- E. juice and rice

2. Which one is a fruit in the text?

- A. egg
- B. rice
- C. banana
- D. chicken
- E. milk

3. What does the writer drink?

- A. juice and coffee
- B. milk and tea
- C. water and juice
- D. coffee and milk
- E. tea and juice

4. The writer does NOT like...

- A. milk
- B. tea

- C. sweet fruit
- D. bitter drinks
- E. chicken

5. “Delicious” is closest in meaning to...

- A. bad
- B. tasty
- C. bitter
- D. salty
- E. dry

Read the text below to answer question number 6 – 10!

How to Make a Simple Egg Sandwich Ingredients:

- ☐ 2 slices of bread
- ☐ 1 egg

Steps:

- ☐ First, cook the egg in a pan.
- ☐ Then, take two slices of bread. ☐ Put the egg between the bread.
- ☐ After that, press the sandwich gently. Finally, eat the sandwich while it is warm. You can drink milk or tea with it. This food is simple, but it is tasty and healthy.

6. What is the text about?

- A. making rice
- B. making sandwich
- C. buying food
- D. cooking soup
- E. making juice

7. What ingredients are used?

- A. rice and egg
- B. bread and egg
- C. milk and bread
- D. egg and juice
- E. chicken and bread

8. What do we do first?

- A. eat the sandwich
- B. drink milk
- C. cook the egg

- D. cut the bread
 - E. buy the egg
9. What can we drink with the sandwich?
- A. juice and coffee
 - B. milk or tea
 - C. water and juice
 - D. coffee only
 - E. soup
10. "Cook" means...
- A. makan
 - B. membeli
 - C. memasak
 - D. memotong
 - E. minum

Read the text below to answer question number 11 – 15!

My Favorite Drink

My favorite drink is orange juice. I drink it every day after school. My mother makes fresh juice at home. The juice is sweet and a little sour, but very refreshing. I do not like drinks that are bitter. Sometimes, I also drink milk because it is healthy. Juice and milk are my favorite drinks.

11. What is the writer's favorite drink?
- A. milk
 - B. tea
 - C. orange juice
 - D. water
 - E. coffee
12. When does the writer drink juice?
- A. morning
 - B. before school
 - C. after school
 - D. at night
 - E. at lunch
13. How does the juice taste?
- A. salty
 - B. bitter
 - C. sweet and a little sour
 - D. spicy
 - E. dry

14. Which drink is healthy?

- A. coffee
- B. milk
- C. tea
- D. soda
- E. soup

15. The writer does NOT like...

- A. sweet drink
- B. fresh juice
- C. milk
- D. bitter drink
- E. orange

Read the text below to answer question number 16 – 20!

How to Make Banana Milk Ingredients:

- ☐ 1 banana
- ☐ 1 glass of milk Steps:
- ☐ First, take one banana and peel it.
- ☐ Then, cut the banana into small pieces.
- ☐ Put the banana into a glass.
- ☐ After that, pour the milk into the glass. Mix it well.
- ☐ Finally, drink it. This drink is sweet, fresh, and healthy.

16. What is the text about?

- A. making soup
- B. making banana milk
- C. cooking rice
- D. making tea
- E. buying fruit

17. What fruit is used?

- A. apple
- B. orange
- C. banana
- D. grape
- E. mango

18. What do we do after cutting the banana?

- A. eat it
- B. drink it
- C. put it into a glass
- D. cook it
- E. wash it

19. "Pour milk" means...

- A. minum susu
- B. membeli susu
- C. menuang susu
- D. memasak susu
- E. membawa susu

20. The drink tastes...

- A. bitter
- B. salty
- C. spicy
- D. sweet
- E. sour

Read the text below to answer question number 21 – 25!

Dinner with My Family

Every evening, I have dinner with my family at home. We usually eat rice, fish, and vegetables like carrot and tomato. My mother cooks the food, and it smells very good. I drink water or sometimes tea. The food is warm, delicious, and healthy. I like dinner time because I can eat together with my family.

21. What do they usually eat?

- A. bread and egg
- B. rice, fish, vegetables
- C. apple and banana
- D. milk and juice
- E. soup and bread

22. Which one is vegetable?

- A. fish
- B. rice
- C. carrot
- D. egg
- E. milk

23. What does the writer drink?

- A. milk and juice
- B. coffee and milk
- C. water or tea
- D. juice and coffee
- E. soup

24. "Delicious" means...

- A. pahit
- B. asin
- C. enak
- D. pedas
- E. asam

25. Why does the writer like dinner time?

- A. because the food is cold
- B. because he eats alone
- C. because he eats with family
- D. because he drinks coffee
- E. because he cooks food

APPENDIX 2

POST-TEST INSTRUMENTS

Read the text below to answer question number 1 – 5!

I like eating simple food every day. For breakfast, I usually eat bread and egg. For lunch, I often eat fried rice or noodles. I also like eating fruit such as apple and banana. For drinks, I prefer juice or milk because they are fresh and healthy. I do not like coffee because it tastes bitter.

1. What does the writer usually eat for breakfast?

- A. rice and chicken
- B. bread and egg
- C. noodles and egg
- D. fruit and milk
- E. sandwich and tea

2. Why does the writer like juice and milk?

- A. they are cheap
- B. they are hot
- C. they are fresh and healthy
- D. they are bitter
- E. they are cold

3. Which food is NOT mentioned in the text?

- A. noodles
- B. fried rice
- C. hamburger
- D. bread
- E. egg

4. What does the writer NOT like?

- A. juice

- B. milk
- C. coffee
- D. fruit
- E. noodles

5. The word “prefer” is closest in meaning to...

- A. hate
- B. choose
- C. cook
- D. drink
- E. buy

Read the text below to answer question number 6 – 10!

In the School Canteen

Rina is in the school canteen. She is hungry and thirsty. She says, “I would like fried rice and a glass of orange juice.” The seller asks, “Would you like some tea?” Rina answers, “No, thank you. I prefer juice.” Then, she eats her food happily. 6. Where is Rina?

- A. at home
- B. in the classroom
- C. in the canteen
- D. in the market
- E. in the kitchen

7. What does Rina order?

- A. noodles and tea
- B. fried rice and orange juice
- C. bread and milk
- D. sandwich and coffee
- E. rice and water

8. Why does Rina refuse tea?

- A. she is full
- B. she is not thirsty
- C. she prefers juice
- D. she likes coffee
- E. she is sick

9. The sentence “Would you like some tea?” is used to...

- A. order food
- B. refuse food
- C. offer drink
- D. describe food
- E. ask price

10. “I would like fried rice” means...

- A. saya memasak nasi goreng
- B. saya suka nasi goreng
- C. saya ingin memesan nasi goreng
- D. saya makan nasi goreng
- E. saya membeli nasi goreng

Read the text below to answer question number 11 – 15!

Healthy Eating Habit

Good food is important for our body. We need healthy food like vegetables, fruit, and milk. Drinking water and juice is also good. We should not drink too many soft drinks because they are not healthy. Eating balanced food helps us stay strong and active.

11. What is the main idea of the text?

- A. favorite drink
- B. healthy eating habit
- C. how to cook food
- D. buying food
- E. making juice

12. Which one is healthy drink?

- A. soft drink
- B. coffee
- C. juice
- D. soda
- E. energy drink

13. Why should we not drink too many soft drinks?

- A. they are expensive
- B. they are not healthy
- C. they are sweet
- D. they are cold
- E. they are tasty

14. What happens if we eat healthy food?

- A. we feel hungry
- B. we feel tired
- C. we stay strong and active
- D. we get sick
- E. we feel sleepy

15. The word “balanced” means...

- A. sedikit
- B. tidak sehat
- C. seimbang
- D. mahal
- E. cepat

Read the text below to answer question number 16 – 20!

How to Make a Simple Fruit Salad Ingredients:

- apple

- banana
- orange
- some milk Steps:

First, cut the apple and banana into small pieces. Then, peel the orange and put all fruit into a bowl. After that, pour some milk into the bowl. Finally, mix everything well and serve it.

16. What is the purpose of the text?

- A. to describe fruit
- B. to tell a story
- C. to explain how to make fruit salad
- D. to list drinks
- E. to compare food

17. What do we do after cutting the fruit?

- A. eat it
- B. mix it
- C. peel the orange and put into bowl
- D. drink it
- E. cook it

18. What is poured into the bowl?

- A. water
- B. juice
- C. milk
- D. tea
- E. coffee

19. When do we mix everything?

- A. before cutting
- B. after pouring milk
- C. before peeling D. after eating
- E. before buying

20. The word “serve” means...

- A. memasak
- B. menyajikan
- C. membeli
- D. memotong
- E. mencuci

Read the text below to answer question number 1 – 5!

Text 5 (Question 21–25)

Dinner Time

Every night, my family has dinner together. We usually eat rice, chicken, and vegetables. My mother cooks delicious food. My father often drinks coffee, but I choose tea or water. Sometimes, we also eat cake after dinner. I like dinner time because I can talk and eat with my family.

21. What do they usually eat?

- A. bread and egg
- B. rice, chicken, vegetables
- C. noodles and soup
- D. fruit and salad
- E. sandwich and milk

22. What does the writer drink?

- A. coffee
- B. milk
- C. tea or water
- D. juice
- E. soda

23. Why does the writer like dinner time?

- A. because the food is cold
- B. because he eats alone
- C. because he eats with family
- D. because he drinks coffee

E. because he cooks

24. What does the father drink?

A. tea

B. water

C. juice

D. coffee E. milk

25. What do they sometimes eat after dinner?

A. fruit

B. salad

C. cake

D. bread

E. noodles

APPENDIX 3

DATA TABULATION OF EXPERIMENT CLASS

No	Nama	Pre-test	Post-test
1	Alia Fadira Zulfa	60	88
2	Angelina Zukma Martzeline	60	96
3	Aqila Zahra Shafiiqa Putri	58	76
4	Assyifatu Haifa Warda	60	92
5	Azizi Luthfiyah Fathania	58	88
6	Callista Anisa Maharani	64	92
7	Disa Ardhiona Erika	76	100
8	Diya Asfa Maulana Aldin	72	100
9	Faishal Bagus 'Isham	44	92
10	Gracelina Putri Khayta Ramadhani	64	84
11	Jecinda Dwi Ramadhani	40	92
12	Kiansa Neomardhika Arifin	64	84
13	Mahira Alya Wafa	56	96
14	Marisa Sholly Mutammimah	52	88
15	Marsya Nur Maulida	44	84
16	Mohammad Danish Zain	56	98
17	Mohammad Dimas Habibi	48	76
18	Muh Pradipta Al-Fatih	68	96
19	Muhammad Fadhil Agli	56	84
20	Muhammad Ilham Al Aieilmi	64	92
21	Muhibbatul Nazzila	60	84
22	Nadia Fitria Eka Putri	48	80
23	Naysheela Setya Azzahra	56	76
24	Netha Delfiani Tanisha	60	80
25	Okthavia Nailul Muna Kholidah	68	92
26	Putry Aliya Hafisa	58	84
27	Raden Mas Maulana Willy Pratama	48	100
28	Rafa Abdillah Al Anwari	40	72
29	Raisya Agustin	64	88
30	Rida Rizki Zahrani	56	76
31	Salwa Alifia Zahra	68	80
32	Senia Nur Angelina	60	76
33	Stella Nawang Sekarningrum	52	92
34	Zahra Kirana Annisa Putri	60	88
35	Zaneeta Wafiq Putri Khansa	56	92
36	Zidna Al Izza Qurrotun A'yunina	60	100

APPENDIX 4

DATA TABULATION OF CONTROL CLASS

No	Nama	Pre-test	Post-test
1	Afga Fuan Rafiqi	56	72
2	Afika Aghnina Hasan	60	88
3	Afiqah Nabila Yusrina Yuki	60	76
4	Aidzul Tristani Elmira	58	68
5	Alya Cantika Adya Zahra	44	72
6	Alzaki Rifqi Nauvel Pratama	44	80
7	Amera Khusnul Latifah	56	52
8	Arkana Yaqhdan Firjatullah	40	68
9	Aziza Nurul Laili	56	80
10	Bagas Naufal Budi Firmansyah	68	72
11	Baret Melfino	70	72
12	Cinta Zaskia Arganeta Putri Sururi	68	80
13	Cyrilla Emilia Florean	48	84
14	Dewina Nur Haifaa	56	72
15	Dhea Anindya Chasiovela	60	68
16	Galuh Pramesti	70	76
17	Herliana Fitri Riftaniyah	56	88
18	Leonardo Rafandra Alhisyam	44	72
19	Luzin Mufida	40	88
20	Mikhayla Shafa Az Zahra	48	80
21	Mohammad Miftah Al Farid	60	76
22	Muh. Rizqi 'Aalimi	68	72
23	Muhammad 'Adil Al Adziba	54	80
24	Muhammad Salman Muzhaffar	60	84
25	Najwa Hafidzah Ramadan Prasetya	54	92
26	Narendra Atha Putra Suprayitno	54	76
27	Natalia Devita Sani	68	84
28	Nazla Meyla Adima	70	82
29	Nikita Putri Gefani	56	76
30	Nugraha Arkan Bima Prasanca	44	80
31	Pinkan Azzahra Salsabila	42	76
32	Putri Ayu Setyaningrum	52	72
33	Qairen Khanza Salsabila	60	68
34	Syavira Najwa Putri Kuncoro	42	68
35	Vinesya Olyvia Putri	56	72
36	Zaskia Alfaht Azalea	52	76
37	Galih Pratama Wibisono	44	72

APPENDIX 5

DOCUMENTATIONS

Pre-test VII-F



Meet 1 VII-F Pengenalan Duolingo



Meet 2 VII-F (Offering and Accepting)



Meet 3 VII-F (Ordering food and drinks)



Meet 4 VII-F (Post-test)



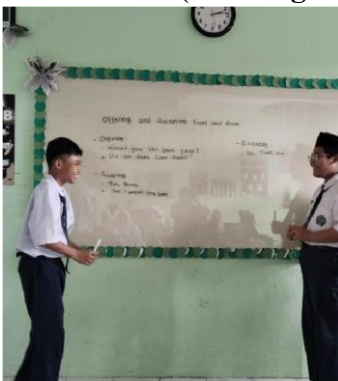
Pre-test VII-G



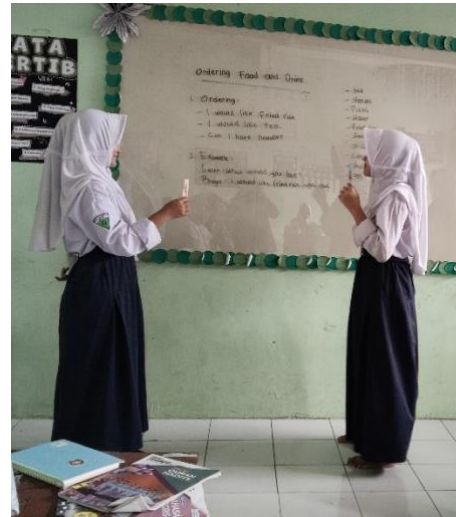
Meet 1 VII-G Pengenalan Flashcard



Meet 2 VII-G (Offering and Accepting)



Meet 3 VII-G (Ordering food and drinks)



Meet 4 VII-G (Post-test)



CURRICULUM VITAE



Rifky Nur Faizah Aprilia was born in Bojonegoro on April 1, 2004. She completed her elementary education at SDN Sumbertlaseh 1 Bojonegoro, continued her junior high school at SMP Plus Al-Amanah Bojonegoro, and graduated from SMA Primaganda Jombang. As of 2026, she is an undergraduate student at the State Islamic University (UIN) Syekh Wasil Kediri.

Throughout her academic journey, she has actively engaged in various student organizations and held several leadership positions. She served as the Head of Keputrian PMII Rayon Al-Kindy and as the General Secretary of PP Al-Husein Kediri during the 2023/2024 period. She also held the position of General Treasurer of HMPS TBI (2023/2024) and later served as the Head of HMPS TBI for the 2024/2025 period. These experiences demonstrate her strong leadership, organizational skills, and commitment to academic and professional development.