

CHAPTER V

CLOSING

A. Conclusion

M. Quraish Shihab's interpretation in Tafsir Al-Mishbah of Prophet Yunus's story (Surah Yunus [10]: 98, Al-Anbiyā' [21]: 87-88, Al-Shaffāt [37]: 139-148, and Al-Qalam [68]: 48-50) shows a complete approach that combines language analysis, context, and practical application with a social-literary style. Shihab not only explains the verses word by word, but also connects their meanings to real human social and spiritual life, by paying attention to language rules, connections between verses, and historical background to give a complete understanding.

The moral lessons from Prophet Yunus's story according to Tafsir Al-Mishbah include four main values: patience (ṣabr) as spiritual strength when facing difficulties, consistency (istiqamah) in keeping faith continuously, spiritual optimism through remembering God and trusting His help, and repentance (taubat) as honest admission of mistakes with the perfect structure shown in the prayer "There is no god but You, Glory be to You, I have been among the wrongdoers." These values are very useful for solving modern problems like instant culture, weak mentality, and high stress, by offering spiritual solutions through accepting growth processes, keeping integrity, having healthy recovery perspectives, and providing self-healing methods within Islamic psychology.

Therefore, Tafsir Al-Mishbah successfully presents Prophet Yunus's story not just as a historical tale, but as a life guide that combines spiritual, psychological, and social dimensions. The wisdom it contains are universal and can answer contemporary life challenges by offering a balance between spiritual strength and mental health, between struggle and self-recovery, and between awareness of human limitations and complete dependence on Allah SWT.

B. Recommendations

Based on the research findings, the author recommends that the values of patience, *istiqamah*, optimism, and repentance from the story of Prophet Yunus be integrated into Islamic religious education and the daily life of society, especially the younger generation, as solutions in facing life's challenges. Educational institutions are expected to develop Qur'an-based character development programs that combine modern psychological approaches with Islamic spiritual values, while future researchers can expand studies on other prophetic stories and develop spiritually-based intervention models to address psychological problems among the younger generation.