CHAPTER III
RESEARCH METHOD

This research is literary analysis. By the literary analysis the researcher means to analyze the piece of literary works. In this part, the researcher is going to discuss the important part covered in methodology, such as research design, data source, data collection technique, data analysis technique and triangulation. It is arranged in such a way that guides the researcher to the right track of her discussion, and also gives description of what the researcher has done in this research.

A. Research Design

The research design is the researcher's plan of how to proceed to gain an understanding of some group or some phenomenon in its context. This research is conducted by using descriptive qualitative method, since the main characteristic of qualitative study is to describe the data that are in the form of words or pictures rather than number and statistics (descriptive data), Ary (2010: 424). It is related with this research objective.

This research is content analysis which uses library research which focuses on the characteristics of materials (written or visual) and the meaning reflected in these. The researcher chooses this research method because this study takes a verbal data of novel. The researcher will analyze the psychological conflicts of the major character in novel *Afghanistan, Where God Only Comes To Weep* and solve them by mental toughness occurs in the character.

B. Research Object

This Novel *Afghanistan, Where God Only Comes to Weep* is based-true life novel written by Siba Shakib. This book is the first published in the United Kingdom in 2002 which has 320 pages. It is her international best seller that has been translated into 27 languages.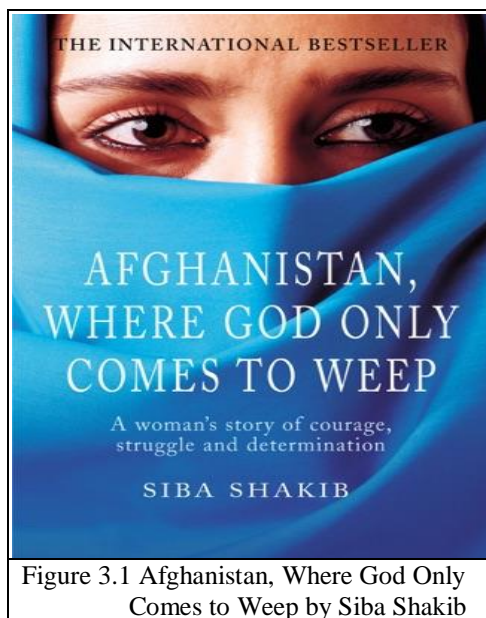 She is an Iranian filmmaker, writer and political activist. Works as an art worker, this novel became her first book many times in recent years.

This research object treated this novel as the main data sources. The data will be included the descriptive paragraph, narrative paragraph, the conversation, and the others. Furthermore, the other references are

Figure 3.1 Afghanistan, Where God Only Comes to Weep by Siba Shakib

available as the supporting data sources of this research. It may take from book, e-book, journals, website and the others.

C. Data Collection Method

In this research, the researcher uses data collection method to get the detail information from the research object. The library technique method is applied to collect the data which is appropriate with the verbal data or written documents. The process of collecting data carried out through this skim above:
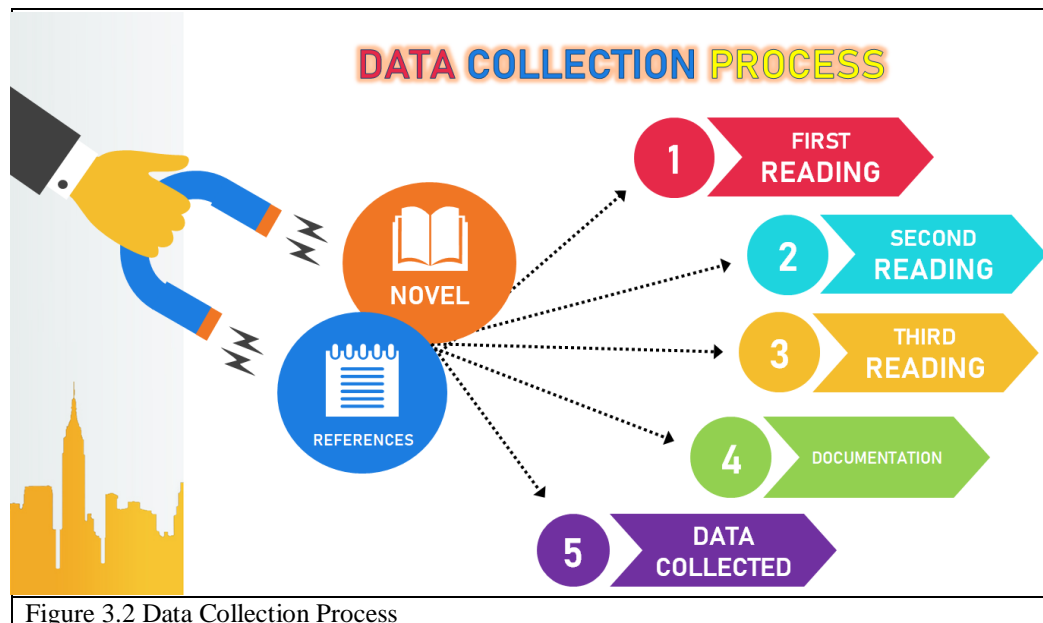
Figure 3.2 Data Collection Process

There are some steps to collecting data. Reading intensively for many times is effective to gain the important information. For the first reading, the researcher reads the novel to find out the synopsis of the novel. It is done to understand the story generally. Then, for the second time, the researcher takes the mental toughness and the psychological conflict of major character in this novel. For the last, the researcher confirms the data from the previous reading.

Moreover, the researcher finds out the related data of the topic using the documentation which may helps to reread and identify it. The documentation is a list of data which has to be collected and it consist of the mental toughness' models and the events, and the types of psychological conflict include the events. Through all the steps, the data has been collected and ready to be analyzed.

D. Data Analysis Method

After collecting data, the researcher developing and analyze the provided data. The data analysis technique in this research is the process to

cultivate the data systematically. The researcher uses the content analysis to analyze the novel through some steps, such as identifying the data, coding the data, classifying the data into categories, discussing the data with theory used and analyze the problem and topics then presenting the result as follows:

a. Identifying the data

Data identification is the first step in analyzing data. The data will be sorted according to the requirements stated in research problem. The purpose of this step is to focus on the topic and to avoid the research gaps in data analysis and identify other variables that might affect the result.

b. Classifying The Data

Data classification is purposed to divide the data into folders according to their categories. It is made to make more convenient for the researcher to suit them each other since in the data classification, the data will be collected according to their types. The researcher takes a note and writes the dialogue, descriptive paragraph, and narrative paragraph of psychological conflict and mental toughness of the major character in the novel. After that, the researcher makes category based on theory with the code available.

c. Discussing The Data

In this step, the researcher will analyze the data based on theory used. Here, the researcher using two theories; the first is theory of Psychological conflict by Kurt Lewin and theory of mental toughness by Peter Clough (2002). In the beginning, the writer discusses the

psychological conflicts which occurs to the main character as reflected by Shirin-Gol based on the Lewin's theory then connect it to the mental toughness based on theory of Peter Clough. It used to assess the mental toughness when face the Shirin-Gol's psychological conflict and to solve it.

d. Presenting The Result

The next step, the researcher presents the phenomena related to the topic from the novel such as kinds of the main character's psychological conflict and the mental toughness found in the main character. In this step the researcher makes a table to analyze the provided data to be easy, such as make table consist of kinds of psychological conflict, events of the psychological conflict, kinds of mental toughness, and events of the mental toughness.

e. Analyze The Data

The last step is analyzing the data. According to McGee (2001: 21) literary analysis is making a detail argument about a text and support that claim with evidence, in this research the researcher use the quotation. Before going further, the researcher also took Dra. Nurul Ain, M.Pd as a literary expert or member checks to make sure the dependability and credibility of the data collected. The literary expert also assured the data identified and classified well to avoid bias in the study and to verify the interpretive accuracy. The researcher analyzes the phenomena in the novel which related to the psychological conflict and the mental toughness found, and compares it with some theories to make the data more valid. Furthermore, the last steps

to result the data. It means that the researcher shows a conclusion and formulates a theory from the result. The findings from the data analysis are described and explained briefly which no longer a code or a table but an explanation sentences based on the data that has been found.