

**SHIRIN-GOL'S MENTAL TOUGHNESS TO SOLVE HER
PSYCHOLOGICAL CONFLICT IN "AFGHANISTAN, WHERE
GOD ONLY COMES TO WEEP" NOVEL BY SIBA SHAKIB**

THESIS

Presented to

State Islamic Institute of Kediri

In Partial Fulfillment of the Requirements

For the Degree of *Sarjana* in English Language Eduaction



By:

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This thesis is to fulfill the requirement for the degree of *Sarjana* (S1) in English Study Program, State Islamic Institute (IAIN) Kediri.

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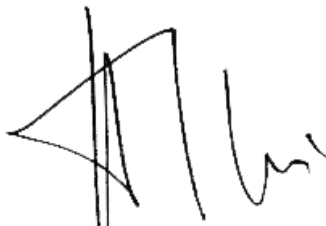
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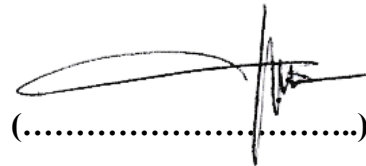
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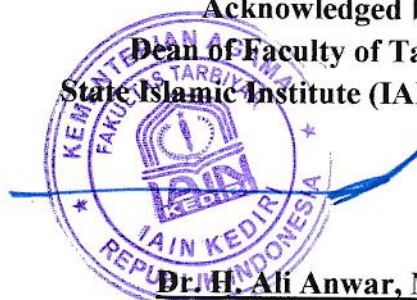
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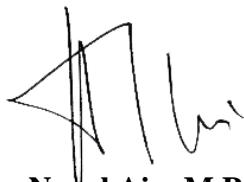
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Demikian agar maklum dan atas kesediaan Bapak, kami ucapkan banyak terima kasih.

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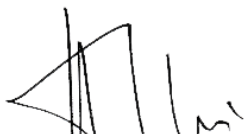
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Setelah diperbaiki materi dan susunannya, sesuai dengan beberapa petunjuk dan tuntutan yang diberikan dalam siding munaqosah yang dilaksanakan pada tanggal 22 Juli 2020, kami dapat menerima dan menyatakan hasil perbaikannya.

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MOTTO

وَمَنْ جَاهَدَ فَإِنَّمَا يُجَاهِدُ لِنَفْسِهِ ۗ إِنَّ اللَّهَ لَغَنِيٌّ عَنِ الْعَالَمِينَ

*“And if any strive (with might and main), they do so for their own
souls: for Allah is free of all needs from all creation”*

(QS. AL ANKABUT [29]: 6)

DEDICATION

This thesis dedicated to:

1. My beloved mother Nurul Ami strong and gentle soul who taught me to trust in Allah, believe in hard work and that so much could be done with little.
2. My lovely father Ruhadi for earning an honest living to us and for supporting and encouraging me to believe in myself and my sister Uswatun Hasanah and her little family who has given me praying and supporting.
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4. My beloved parents, sister, family and all relations thank you so much for your support
5. All of my friends who always support me

Additionally, my appreciation goes to all my friends, senior, and everyone whom I cannot entirely.

Finally, I truly realize that this thesis is still being perfect. Thus, I will always appreciate for the constructive criticism and suggestion from the readers. Hopefully, this study can give valuable contribution to education system.

Kediri, 29 Juli 2020

The Writer

ABSTRACT

Khoiriyah, Ulfi. 2020. Shirin-Gol's Mental Toughness to Solve Her Psychological Conflict in "Afghanistan, Where God Comes to Weep" a Novel by Siba Shakib. Thesis, English Department, Faculty of Education, IAIN Kediri, Advisors: (1) Dra. Nurul Ain, M.Pd, (2) Moh. Muhyidin, M.Pd.

Keywords: *Psychological Conflict, Mental Toughness, and Conflict Resolution.*

Everyone has each problem in their life. It occurs from various things, includes their own self. Those problems are the impact of some situations around them. People must understand the conflict and choose the best way to overcome it. This research expresses two points. Those are the main character's psychological conflict reflected in her life and the way mental toughness solves the main character's psychological conflict in novel.

This research uses descriptive qualitative method. It fits with the nature of qualitative study which is describing the data. The descriptive data is stated in the research object. The "*Afghanistan, Where God Only Comes to Weep*" novel by Siba Shakib is a primary data sources of the research. The novel took several data, such as descriptive paragraph, narrative paragraph, and the conversation. Those data identified and classified corresponding to the research questions. There are two theory used to analyze those finding. The first is a psychological conflict theory based on Kurt Lewin (1948). And the second is a mental toughness theory based on Peter Clough (2001).

There are some results of this research. According to analysis of the research, Shirin-Gol as the major character cope some psychological conflicts. She is a poor woman. She received many unfair treatments during her life. It affected to her, especially her emotional. However, she always tried to understand the problems happen. Opposite of those misfortunes, Shirin-Gol is a strong woman. She can manage her mental sensitivity well. She responds positively to many challenges and pressures. It is because she manages her mental sensitivity well. Therefore, she gets a better life even tough in a difficult condition. From those results, it can be concluded that Mental Toughness is an impact of Psychological Conflict. People who have a self awareness and a desire to respond better their adversity, pressure and stressors will develop their mental toughness. So, the mental toughness can make them effectively deals with their stressful situations, especially their psychological conflict.

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