

**Investigating Students' Anxiety, Motivation, And Language Learning  
Strategies in Learning English**

**THESIS**

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## APPROVAL PAGE

This is to certify the Master Degree Thesis of Muhammad Amirul Fataa has been approved by the thesis advisor for the further approval by the board examiners

### **Investigating Students' Anxiety, Motivation, And Language Learning Strategies in Learning English**

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I hereby certify that the thesis and the work presented and illustrated within it are entirely my own and have been produced as a result of my original research. It does not include any material previously written or published by another individual, except as properly cited in quotations and references. No part of this work has been submitted in support of an application for another degree or qualification at this or any other university or institution of higher education. Consequently, I assume full responsibility for the thesis in the event of any objections or claims from others.

This thesis to fulfil the requirement for the degree of magister (S2) in Department of English Language Education, State Islamic Institute of Kediri.

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## ABSTRACT

**Fataa, Muhammad Amirul.** 2024. Investigating Students' Anxiety, Motivation, and Language Learning Strategies in Learning English. Thesis, Department of English Language Education, Faculty of Tarbiyah, State Islamic Institute (IAIN) of Kediri. Advisor: (I) Nur Afifi, M. App. Ling, Ph.D. (II) Dr. Toyibah, SS., M.Pd.

**Keywords:** *Anxiety, Motivation, Language Learning Strategies, English as a Foreign Language, Foreign Language Learning, Classroom Environment*

Indonesia has experienced an English skill downturn. English First (EF) has released the English Proficiency Index report for the year 2023. The result is that Indonesia is ranked 79 out of 113 countries and categorized as having a low proficiency index. Since 2017, Indonesia has experienced a downturn from the 39th to the 79th. This data indicates that there is a problem with students' learning process. Knowing the importance of investigating anxiety, motivation, and language learning strategies, it is also essential to research this topic. Since there is a lack of previous studies on this topic, The researcher intends to investigate students' anxiety, motivation and language learning strategies in learning English.

This study aimed to investigate the relationship between anxiety, motivation, and language learning strategies among Indonesian junior high school students at SMP Palyatan Daha 1 kediri in learning English. The study found that the majority of students experience a moderate level of anxiety, moderate level of motivation, and medium level of using language learning strategies when studying English. The results also revealed a positive correlation between anxiety and motivation, as well as between motivation and language learning strategies. However, there was no significant correlation between language learning strategies and anxiety. The qualitative findings highlighted the role of anxiety as a barrier to learning English, particularly for students who experience high levels of anxiety. Additionally, the study found that motivation plays a crucial role in giving students direction and intensity in their learning, while language learning strategies can help manage anxiety and increase confidence. The findings suggest that addressing anxiety and motivation is essential for effective language learning, and that educators should consider these factors when developing English language instruction programs.

## ABSTRAK

**Fataa, Muhammad Amirul.** 2024. Investigating Students' Anxiety, Motivation, and Language Learning Strategies in Learning English. Thesis, Department of English Language Education, Faculty of Tarbiyah, State Islamic Institute (IAIN) of Kediri. Advisor: (I) Nur Afifi, M. App. Ling, Ph.D. (II) Dr. Toyibah, SS., M.Pd.

**Kata Kunci:** Kecemasan, Motivasi, Strategi Pembelajaran Bahasa, Bahasa Inggris sebagai Bahasa Asing, Pembelajaran Bahasa Asing, Lingkungan Kelas

Indonesia telah mengalami penurunan keterampilan bahasa Inggris. English First (EF) telah merilis laporan English Proficiency Index untuk tahun 2023. Hasilnya adalah bahwa Indonesia berada di peringkat 79 dari 113 negara dan dikategorikan sebagai memiliki indeks keterampilan yang rendah. Sejak 2017, Indonesia mengalami penurunannya dari 39 ke 79. Data ini menunjukkan bahwa ada masalah dengan proses belajar siswa. Mengetahui pentingnya meneliti kecemasan, motivasi, dan strategi belajar bahasa, juga penting untuk meneliti topik ini.

Penelitian ini bertujuan untuk meneliti hubungan antara kecemasan, motivasi, dan strategi pembelajaran bahasa Inggris di antara siswa SMP Palyatan Daha 1 Kediri dalam belajar bahasa Inggris. Penelitian ini menemukan bahwa mayoritas siswa mengalami tingkat kecemasan yang moderat, tingkat motivasi yang moderat, serta tingkat menggunakan strategi pembelajaran bahasa Inggris yang sedang. Hasilnya juga menunjukkan korelasi positif antara kecemasan dan motivasi, serta antara motivasi dan strategi pembelajaran bahasa Inggris. Namun, tidak ditemukan korelasi yang signifikan antara strategi pembelajaran bahasa Inggris dan kecemasan. Hasil kualitatif menunjukkan peranan kecemasan sebagai penghalang dalam belajar bahasa Inggris, terutama bagi siswa yang mengalami tingkat kecemasan yang tinggi. Selain itu, penelitian ini menemukan bahwa motivasi memainkan peranan penting dalam memberikan arah dan intensitas pada proses belajar, sementara strategi pembelajaran bahasa Inggris dapat membantu mengatur kecemasan dan meningkatkan kepercayaan diri. Hasil penelitian ini menyarankan bahwa mengatasi kecemasan dan motivasi sangat penting untuk belajar bahasa Inggris yang efektif, dan guru harus mempertimbangkan faktor-faktor ini dalam mengembangkan program pengajaran bahasa Inggris.

**MOTTO**

**فَمَنْ يَعْمَلْ مِثْقَالَ ذَرَّةٍ خَيْرًا يَرَهُ**

So, whosoever does good equal to the weight of an atom (or a small ant), shall see it.

**(QS. Al-Zalzalah: 07)**

## **DEDICATION**

First of All, The writer praise and Thankfulness to My God, Allah SWT because his blessing and the merciful with deeply this thesis can be finished.

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Hopefully, this paper can be useful to the readers, particularly to the writer.

Also, the writer realized that this paper is far from being perfect. It is a pleasure for him to receive constructive criticism and suggestion from anyone who read his paper.

Kediri, 19 Juni 2024

The researcher,

Muhammad Amirul Fataa

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