## THE EFFORTS OF NON-ENGLISH DEPARTMENT GRADUATES IN ACHIEVING HIGH SCORE ON ENGLISH PROFICIENCY TESTS: A NARRATIVE INQUIRY

#### **THESIS**

#### Presented to

State Islamic Institute of Kediri
In Partial Fulfillment of the Requirements
For the Degree of *Magister* in English Language Education



By:

HIMA NURUL HIDAYAH

92600420003

SCHOOL OF POSTGRADUATE PROGRAM
STATE ISLAMIC INSTITUTE OF KEDIRI
2023

### APPROVAL PAGE

This is to certify that this thesis has been approved by the thesis advisors for further approval by the board of examiners.

#### Advisors

- 1. <u>Dr. Ary Setya Budhi Ningrum, M. Pd.</u> NIP: 198204302008012011
- 2. Nur Afifi, Ph.D. NIP: 197707132003122003

Kediri, 9<sup>th</sup> of February 2023

#### RATIFICATION SHEET

#### THE EFFORTS OF NON-ENGLISH DEPARTMENT GRADUATES IN ACHIEVING HIGH SCORES ON ENGLISH PROFICIENCY TESTS: A NARRATIVE INQUIRY

#### A Thesis

#### HIMA NURUL HIDAYAH 92600420003

This is to certify that this thesis entitled THE EFFORTS OF NON-ENGLISH DEPARTMENT GRADUATES IN ACHIEVING HIGH SCORES ON ENGLISH PROFICIENCY TESTS: A NARRATIVE INQUIRY has been examined and approved by the Board of Examiners as the requirements for the degree of Magister in English Language Education.

#### **Board of Examiners**

**Chief of The Board Examiners** 1. Prof. Dr. H. Moh. Asror Yusuf, M.Ag. NIP. 197506132003121004

**Main Examiner** 2. Dr. Toyyibah, SS., M.Pd. NIP. 197212202006042003 Examiner I

3. Dr. Ary Setya Budhi Ningrum, M. Pd. NIP: 198204302008012011

**Examiner II** 

Nur Afifi, Ph.D. 4.

NIP: 197707132003122003

Kediri, 9th of February 2023 Acknowledged by Director of Post Graduate Program

Prof. Dr. H. MOH. ASROR YUSUF, M.Ag. NIP. 197506132003121004

#### DECLARATION OF AUTHENTICITY

Here with I.

Name

: HIMA NURUL HIDAYAH

NIM

: 92600420003

THE

Department

: ENGLISH LANGUAGE EDUCATION

**EFFORTS** 

Thesis Title

OF

GRADUATES IN ACHIEVING HIGH SCORES ON ENGLISH

NON-ENGLISH DEPARTMENT

PROFICIENCY TESTS: A NARRATIVE INQUIRY

#### I declare that:

- 1. In the result of my research there are no elements of plagiarism of research works or scientific works that have been carried out or made by anyone other than those that are quoted in this text and mentioned in the citation sources and references list.
- 2. Of in the future it turns out that the result of this study proves to contain elements of plagiarism and claims from other parties, I am willing to be processed according to the applicable laws and regulations.

Kediri, 9th of February 2023

The researcher,

#### **MOTTO**

# If you can't handle studying's exhaustion, you must be able to handle stupidity's pains – *Imam Syafi'i*

#### **DEDICATION SHEET**

#### Alloh SWT

#### Muhammad SAW

Moh. Alex Masrofi, my beloved husband, who loves, embraces, supports, holds, advises me in the highest highs and the lowest lows.

Moh. Niki Insan Iman, my beloved son, who makes me stay up late and makes me stronger and stronger day-by-day.

Ayah, Ibuk, Elisya Ahsanal Mubarokah, Achmad Bintang Muthaha, my own family, who always be there wherever I am in.

#### Bapak dan Ibu mertua

Bu Ary, Bu Afifi, my beloved lecturer, who helps me in my hardest time in writing this master thesis.

Mas Oki, Mbak Resti and Mbak Marina, my friend and my thesis participants, who help me a lot to complete the data in this thesis and support me with their encouragement and stories.

Faking Family, my girl squad, Sela, Biah, Evi, Asroria, Makkiyah, Diska, Ahmada

Special thanks to Mami Nur, Bu Jujuk, Ulila, Zeni, Ayuk Yetty, Fasya

vii

#### **ACKNOWLEDGEMENT**

#### Bismillahirrohmanirrahim

I thank to Allah the Almighty who has given me His blessing, mercy, and guidance to finish my graduating paper entitled: *The Efforts Of Non-English Department Graduates*In Achieving High Scores On English Proficiency Tests: A Narrative Inquiry.

This master graduating paper is submitted to fulfill one of the research requirements to gain the master degree in Graduate School of Education of State Islamic Institution of Kediri.

I really appreciate the people who support and help me. They are:

- My thesis advisor Mrs. Afifi who patiently gives me her guidance and advice to arrange this paper.
- Mrs. Ary as my thesis adviser. Thanks for the guidance, suggestion and knowledge for me.
- Mrs. Galuh Nur Indah, who I learn so much from her dissertation paper.
- Mr. Yusuf Asror, the director of Graduate Program in IAIN Kediri, that helps me to choose the new title for my master paper.
- All of lecturers in Graduate School of Education, IAIN Kediri.
- And all people who helped and appreciated this paper
   Last but not least, thanks to me for keeping the steps in finishing this master thesis.
   You did so much better that you in the past. I realize that this paper is not perfect,
   so I welcome criticisms and advice from the readers in order to make this paper better.

Kediri, 9th February 2023

Hima Nurul Hidayah

#### **ABSTRACT**

Hidayah, Hima Nurul. 2023. The Efforts of Non-English Department Graduates in Achieving High Scores on English Proficiency Tests: A Narrative Inquiry. Department of English Language Education, School of Graduate Program, State Islamic Institute (IAIN) Kediri. Advisors: (I) Dr. Ary Setya Budhiningrum, M.Pd. (II) Nur Afifi, Ph.D.

**Keywords**: Effort, Achieving High Score, English Proficiency Test, Narrative Inquiry.

The English Proficiency Test itself is a standardized test that people take to assess their ability to understand, speak, and construct comprehensive and understandable thoughts in English. It will always be related to the abilities mastered by EFL learners. EFL learners' abilities include literacy skills, understanding of English textbooks, and using proper and correct English. This paper aims to reveal the effort of participants in achieving high score in English proficiency tests. This paper concerns on IELTS (International English Language Testing System) and TOEFL (Test of English as a Foreign Language) only.

The study was approached through narrative inquiry which primarily focused on Non-English Department Graduates' experiences in achieving high score on English proficiency tests, namely TOEFL and IELTS. A pilot study was done to identify the participants. The three participants were selected among eleven participants who had gave consent to be participants and intensively met the research participants criteria. Narrative frame and interview were used as the research instruments. The participants were asked to write their experiences in the narrative frame to have past, present, future order from their experiences. The interview was done after the participants finished writing the narrative frames. The interview was to gain deeper information about their efforts with achieving high scores in English proficiency tests, contemporary experience with using the English proficiency certificate, and aspirations for future English proficiency test model.

The researcher obtained four findings refer to four themes. The first is the preparation before taking the tests, which were participants' feelings, reasons and study preparation before taking the tests. The second is the taking English proficiency tests, which were participants' strategies in answering TOEFL and IELTS. The researcher listed the strategy as like skimming, taking note strategy, listening to podcast, brainstorming, etc. The third is benefitting achieving high score, which were participant used the certificate to apply for scholarship and graduate school overseas. The Last is aspiration of future English proficiency tests model, which was participants hope that the structure and the price would be the same like now. Finally, the efforts in achieving high score in English proficiency test were dynamic. The test takers need to prepare well in advance of the test in order to prepare physically, mentally, and financially before taking the English proficiency test.

#### TABLE OF CONTENTS

COVER	i
APPROVAL P	AGEii
RATIFICATIO	ON SHEETiii
DECLARATIO	ON OF AUTHENTICITYiv
MOTTO	v
DEDICATION	vi
ACKNOWLEI	<b>DGEMENT</b> vii
ABSTRACT	viii
TABLE OF CO	ONTENTSix
CHAPTER I:	INTRODUCTION
	A. Background of Study1
	B. Research Questions
	C. Research Objectives5
	D. Scope of the Study5
	E. Significance of Study5
	F. Definition of Key Terms6
CHAPTER II:	LITERATURE REVIEW8
	A. Theories of Efforts
	B. Language Testing
	C. English Proficiency
	D. TOEFL
	E. IELTS
	F. English Learning Strategies
CHAPTER III	: RESEARCH METHOD23
	A. Research Design
	B. Research Procedures
	C. The Trustworthiness 29

<b>CHAPTER IV:</b>	FINDINGS	.32
	A. Participants' Experiences	32
	1. Theme 1: Preparing the English Proficiency Tests	33
	2. Theme 2: Taking the English Proficiency Test	40
	B. Participants' Expectations	49
	1. Theme 3: Benefitting from Achieving High Score	49
	2. Theme 4: Giving Aspiration of the Model	53
CHAPTER V:	DISCUSSION	58
	A. Participants' Experiences	58
	Preparing the English Proficiency Tests	58
	Taking the English Proficiency Test	61
	B. Participants' Expectations	67
	Benefitting from Achieving High Score	67
	Giving Aspiration of the Model	68
CHAPTER VI:	CONCLUSION AND RECOMMENDATION	.70
	A. Conclusion	.70
	B. Recommendation	.72

BIBLIOGRAPHY APPENDIXES

