## **CHAPTER V**

# CONCLUSION AND SUGGESTION

Based on the research finding and discussion the previous chapter, the conclusion and suggestion of this study are presented in this chapter.

### A. Conclusions

Studying aboard for many people perceptions is challenging. When someone lives away from home it will be lonely when no one we know in the new environment. In the first phases, people especially for students they will feel confused and anxiety when they come to the new country or new place. In this case they tend to faced culture shock experience because they come in new country and find many different things from their country. This research talks about culture shock experience by Thai students in IAIN Kediri. There 12 student of Thai students who as the participants in this research. The finding of this research is aimed to explore about culture shock experienced by Thai students in IAIN Kediri and strategies used to deal with cultural differences and problem.

Based on the finding of the research there were twelve participants of Thai student and they are from semester 4 and semester 6. The researcher choose the participants of semester 4 and semester 6 because they have live in Kediri for about one years and the researcher guess that they have enough time in faced their experiences. In finding of the research there are six culture shock experienced faced by Thai students in IAIN Kediri. Those are language and communication, food, social environment, making friend, homesickness, and academic process.

The most dominant shock experienced faced by Thai students is about language and communication. This research finding is same as the previous research finding that the most dominant problem of culture shock is in language and communication.

And for the strategies in this research finding there are four strategies used by Thai students and those are self-confidence and optimist, building friendship, learning the host culture and culture participation. The most strategy used by Thai students was learning the house country. They try to understand the host culture and accept the culture in their new country.

# **B.** Suggestions

Based on the finding of the research, the writer would like to give some suggestions for Thai students, local students in IAIN Kediri, lecturers in IAIN Kediri, next researcher, those are:

## 1. Thai students

Thai students are students from Thailand and they come to Indonesia especially in Kediri to study in IAIN Kediri. They will find many things that different from their country when they live in the new country especially in IAIN Kediri. In this case they have to be ready and prepare their self with everything in their new environment, they have to try to welcome and accept the good things from new environment. In making friend with local students try to give them understand to help each other. By doing adjust your self to everything in your environment it will help you in enjoy living in Kediri.

## 2. Local Students of IAIN Kediri

For local students who are students from around Kediri and mostly are Javanese, The local students have to give understand to the Thai students. Try to welcome and help the Thai students in giving a tolerant culture. Try to communicate with Thai students and do interaction in order to think that they are not isolated by local students.

## 3. Lecturers of IAIN Kediri

In doing learning process, the Thai students have difficult when the lecturers are explaining by using Javanese. The Thai students will understand the explanation if the lecturer used Indonesia language. In order to help the Thai student in their learning process so the lecturer also should give them understanding by used Indonesia language in learning process.

## 4. Next researchers

In theme of culture shock there many problems that can conduct in research. The subject in the research also not only in student from overseas, but it can be faced by Indonesia students who are living in new city which they haven't visited. Also, the next researcher can find another problem in culture shock like the impact of culture shock, the phases of culture shock that experience by Thai students in IAIN Kediri to conduct the other research about culture shock.

## BIBLIOGRAPHY

- Adler, P. (1975). The transitional experience: An alternative view of culture shock. *Journal of humanistic Psychology*, 13-23.
- Anjalin U, Mazumdar, A, & and Whiteside, E, (2017). Asian Students' Experience of Culture Shock and Coping Strategies. *Journal of Education and Social Development* 1(1) 7-13.
- Amanah Siti, (2018). Motivasi dan Culture Shock Mahasiswa Asing di STAIN Kediri Dalam Lingkungan Budaya Kediri, *Jurnal Sospol*, 4 (1) 15-16.
- Baier, S., T. 2005. *International students: culture shock and adaptation to the U.S. culture* (Thesis). Eastern Michigan University, Ypsilanti, Michigan.
- Best, J.W, Khan, J.V. 2003 Research in Education Boston: Pearson Education Inc.
- Barna, L.(1976) how culture shock affects communication. Communication, 1-18.
- Brilliant, J. J.(2000). Issues In Counseling Immigrant College Students. Community College Journal of Research and Practice, 24, 577-586.
- Cushner, K. (1994). Cross-cultural training for adolescents and professionals who work with youth exchange programs. In Brislin, R. W., & Yoshida, T. (Eds), *Improving intercultural interactions: modules for cross-cultural training programs*. London: Sage Publications.
- Ernofalina. 2017. Culture Shocks Experienced by Indonesian Students Studying Overseas. *International Journal of Educational Best Practices (IJEBP)1* (2): 87-104.
- Furnham, A., and S. Bochner. (1986). *Culture shock: Psychological reactions to unfamiliar environment*. London: Methuen.
- Hays, J., Thai Character and Personality: Sanuk Thai-ness, Kreng Jai, Jay Yen and Social Smoothing. Retrieved at April 13, 2019. From http://factsanddetails.com/southeast-asia/Thailand/sub5\_8c/entry-3219.html.
- Hess, J. D. (1994). The whole world guide to culture learning, Yarmouth: *Intercultural Press*.
- Latief, M, A,. (2014). Tanya Jawab Metode Penelitian Pembeajaran Bahasa.. Penerbit: Malang Universitas Malang.

- Liu M & Huang J, L., (2015). Cross-cultural adjustment to the United States: the role of contextualized extraversion change, *Frontiers in Psychology / www.frontiersin.org*.6,1-15.
- Mukminin Amirul, (2012) Acculturative Experiences Among Indonesian Graduate Students in US Higher Education", *Excellence in Higher Education* 3 (1), 14-36.
- Mumford, D.B. (1998). The Measurement of culture shock. *Social Psychiatry and Epidemiology*. 33: 149-154.
- Mulyana Deddy & Eko B, S,. (2017). Indonesian Students Cross-Cultural Adaptation In Busan, Korea. *Jurnal ASPIKOM*, 3 (2): 152-154.
- Miles, M, B., & Huberman M, A,. (1994). *Qualitative Data Analysis: An Expanded Sourcebook*. San Francisco, CA:Sage Publications.
- Oberg, K. (1960). Cultural shock: adjustment to new cultural environments. *Practical Anthropology*, 4, 177-182.
- Peraturan Menteri Pendidikan dan Kebudayaan Republik Indonesia. Nomor 14 Tahun 2014
- Phillips D., A. (2007). Modern world Nations Thailand. New York: NY, Chelsea House.
- Poedjiastutie, D. (2009). Culture Shock Experienced By Foreign Students Studying At Indonesian Universities. TEFLIN Journal, 20, (1) 25-36.
- Rajapaksa, S.& Dundes L. (2002). It's a long way home: International student adjustment to living in the United States. *College Student Retention*, 4 (1), 15-28.
- Rodsai T, Stoffers J, Zuyd, & Talim, M, Bi,. (2017). Cross-Cultural Adjustment: A Case Of Thai Expatriates In Indonesia, *The Journal of Applied Business Research*, 33(6) 1139-1152.
- Samovar, L, A, Richard, E, P, & Edwin R. M. (2006). *Intercultural Communication: A Reader*. Thomson Wadsworth.
- Saylag, Renan. (2014). Culture Shock an obstacle for EFL learners. *Procedia Social and Behavioral Sciences*, 114, 533 537.
- Sugiyono, (2017). Metode Penelitian Kuantitatif, Kualitatif, dan Kombinasi (mixed method). Alfabeta: Bandung.
- Taft, R. (1977). Coping with unfamiliar cultures. *Studies in Cross-cultural Psychology*, 1, 121-153.

- Winkelman, M. (1994). Cultural Shock and Adaptation. *Journal of counseling and development*. 121-126.
- Xia, J. (2009) Analysis of Impact of Culture Shock in Individual Psychology, *International Journal of Psychological Studies*, 1 (2) 99-101.
- https://www.everyculture.com/Ge-It/Indonesia.html#ixzz5sfCmJ4rv.2019. retrieved at July 3, 2019

http://geography.name/java/.2019. retrieved at July 3, 2019