

**THE USE OF SNOWBALL THROWING TO IMPROVE  
STUDENTS' READING COMPREHENSION AT EIGHTH  
GRADE STUDENTS OF MTSN 8 KEDIRI**

**THESIS**

**Presented to**

**States Islamic Institute of Kediri**

**in Partial fulfillment of the Requirements**

**for the Degree of *Sarjana* in English Language Education**



**By :**

**FATYHAH RAHMAH**

**NIM : 9322.064.15**

**DEPARTMENT OF ENGLISH LANGUAGE EDUCATION**

**FACULTY OF TARBIYAH**

**STATE ISLAMIC INSTITUTE OF KEDIRI**

**2019**

## DECLARATION OF AUTHENTICITY

Name : Fatyhah Rahmah  
Student's ID Number : 9322 064 15  
Study Program : English Language Education  
Department : English  
Title of Thesis : The Use of Snowball Throwing to Improve Reading  
Comprehension at Eighth Grade of MTsN Kediri

I hereby declare that the thesis and the work presented in it are my own and it has been generated by me as the result of my own original research. It does not incorporate any materials previously written or published by another person except those indicated in quotations and references. No portion of this work has been submitted in support of an application for another degree or qualification of this or any other university or institution of higher education. Due to this fact, I am the only person responsible for the thesis if there is any objection or claim from others.

This thesis is to fulfill the requirement for the degree of *Sarjana (S1)* in English Study Program, State Islamic Institute of Kediri.

Kediri, Juni 26<sup>th</sup> 2019  
The researcher,

Fatyhah Rahmah  
NIM. 9322 064 15

## **APPROVAL PAGE**

This is to certify that the *Sarjana*'s Thesis of Fatyhah Rahmah has been approved by thesis Advisor for further approval by the board of examiners.

### **THE USE OF SNOWBALL THROWING TO IMPROVE STUDENTS' READING COMPREHENSION AT EIGHTH GRADE STUDENTS OF MTSN 8 KEDIRI**

**FATYHAH RAHMAH**  
**NIM : 9322.064.15**

**Approved by:**

**Advisor 1**

**Advisor II**

**Erna Nurkholida, M. Pd**  
**NIP.19761125 200710 2 005**

**Ima Fitriyah, M. Pd.I**  
**NIP. 19860702 201503 2 003**

## **RATIFICATION SHEET**

### **THE USE OF SNOWBALL THROWING TO IMPROVE STUDENTS' READING COMPREHENSION AT EIGHTH GRADE STUDENTS OF MTSN 8 KEDIRI**

**FATYAHAH RAHMAH**  
**9322.064.15**

Has been examined by the Board of Examiners of State Islamic Institute of Kediri  
Kediri on June 26<sup>th</sup>, 2019.

1. Main Examiner  
**Dr. Sri Wahyuni, M.Pd** ( )  
**NIP. 19840909 201101 2 018**
  
2. Examiner I  
**Erna Nurkholida, M. Pd** ( )  
**NIP. 19761125 200710 2 005**
  
3. Examiner II  
**Ima Fitriyah, M. Pd.I** ( )  
**NIP. 19860702 201503 2 003**

Kediri, of June 26<sup>th</sup>, 2019  
Acknowledged by  
Dean of Faculty of Tarbiyah  
State Islamic Institute of Kediri

**Dr. H. Ali Anwar, M.Ag**  
**NIP. 19640503 199603 1 001**

## NOTA KONSULTAN

Nomor : Kediri, 29 Mei 2019  
Lampiran : 4 (Empat) berkas  
Hal : Bimbingan Skripsi

Kepada,  
Yth, Bapak Rektor  
Institute Agama Islam Negeri (IAIN) Kediri  
Di  
Jl. Sunan Ampel No. 07-Ngronggo  
Kediri

Assalamu'alaikum. Wr. Wb.

Memenuhi permintaan Bapak rektor untuk membimbing penyusunan skripsi mahasiswa tersebut dibawah ini :

Nama : Fatyhah Rahmah  
NIM : 932206415  
Judul : THE USE OF SNOWBALL TRHOWING TO IMPROVE  
STUDENTS' READING COMPREHENSION AT EIGHTH  
GRADE STUDENTS OF MTSN 8 KEDIRI

Setelah diperbaharui materi dan susunannya kami berpendapat bahwa skripsinya telah memenuhi syarat sebagai kelengkapan ujian akhir Sarjana Strata Satu (S-1)

Bersama ini terlampir satu berkas naskah skripsinya, dengan harapan dalam yang telah ditentukan dapat diujikan dalam sidang munaqosah.

Demikian agar maklum dan atas kesediaan Bapak kami ucapkan banyak terima kasih.

Wassalamu'alaikum. Wr. Wb.

**Pembimbing 1**

**Pembimbing 2**

**Erna Nurkholida, M. Pd**  
**NIP. 19761125 200710 2 005**

**ImaFitriyah, M. Pd,I**  
**NIP. 19860702 201503 2 003**

## NOTA PEMBIMBING

Kediri, 26 Juni 2019

Nomor :  
Lampiran : 4 (empat) lembar  
Hal : Bimbingan Skripsi

Kepada

Yth. Rektor Institut Agama Islam Negeri (IAIN) Kediri  
Di  
Jalan Sunan Ampel No.07 Ngronggo, Kediri

*Assalamu'alaikum Wr. Wb.*

Memenuhi permintaan Bapak Ketua untuk membimbing penyusunan skripsi mahasiswa tersebut dibawah ini:

Nama : Fatyhah Rahmah  
NIM : 932206415  
Judul : THE USE OF SNOWBALL TRHOWING TO IMPROVE  
STUDENTS' READING COMPREHENSION AT EIGHTH GRADE  
STUDENTS OF MTSN 8 KEDIRI

Setelah diperbaiki materi dan susunannya, sesuai dengan beberapa petunjuk dan tuntutan yang diberikan dalam sidang munaqasah yang dilaksanakan pada tanggal 26 Mei 2019, kami dapat menerima dan menyetujui hasil perbaikannya.

Demikian agar maklum dan atas kesediaan bapak, kami ucapkan banyak terimakasih.

*Wassalamu'alaikum Wr. Wb.*

**Pembimbing 1**

**Pembimbing 2**

**Erna Nurkholida, M. Pd**  
**NIP. 19761125 200710 2 005**

**Ima Fitriyah, M. Pd,I**  
**NIP. 19860702 201503 2 003**

## MOTTO

وَاذْكُرْنَ مَا يُتْلَىٰ فِي بُيُوتِكُنَّ مِنْ آيَاتِ اللَّهِ وَالْحِكْمَةِ ۗ إِنَّ اللَّهَ كَانَ لَطِيفًا خَبِيرًا

And remember what is recited in your houses of the verse of Allah and Wisdom. Indeed, Allah is ever Subtle and Acquainted [with all thing].

*"Dan ingatlah apa yang dibacakan di rumahmu dari ayat-ayat Allah dan hikmah (surah Nabimu). Sungguh, Allah Maha Lembut, Maha Mengetahui "*

(QS. Al-Ahzab 33: 34)

\* Via Al-Qur'an Indonesia <http://quran-id.com>

## **DEDICATION**

The Thesis is dedicated to:

The Lord of the World, ALLAH SWT my everything.

My Last Prophet, Muhammad SAW, who has been brought us to the lighter world.

My beloved father, Abdul Rohim Js, who always support me to be better in my life.

My beloved mother, Mu'isah Layli, thanks for anything you give to me, prayers, supports, advices, motivations, love, those you never tired to remind me, lighten me in finishing this thesis.

My little brother, Muhammad Naufal Mubarak, thanks for coloring my life, I'll always love you.

My big family KBRJ, who always giving so much support, pray and love.

Never ending friends, thanks for always support me when I was going lazy.

All my lecturers who advise me during my study in IAIN, especially for my respectable advisors,

Mrs. Erna Nurkholida, M.Pd. & Mrs. Ima Fitriyah M.Pd.I

My never ending friends, Ana, Zahro' and Luluk, the struggle is still going on friends.

All my friends at eighth semester and my beloved sisters OCECA D8, thank you for helping me and supporting me.

All members BTS and Big.hit Entertainment who give the nice playlist in Spotify for accompanied me in doing my final in doing my final paper.

Everyone that I can't tell one by one, thank you for helping me in finishing this thesis, Thanks' for your favor.



## ACKNOWLEDGEMENTS

In the name of Allah and The Beneficent, and Merciful

All praise of Allah, The Lord of The World, and the almighty god for his blessing, guidance, love, and help who has bestowed upon the writer in completing this thesis. Peace upon the Propet Muhammad, the last messenger for Allah, and to all his family, companions, and followers.

The researcher can finish this thesis under the title *The Use of Snowball Throwing to Improve Students' Reading Comprehension at Eighth Grade of MTsN 8 Kediri*. This thesis is requirement for the degree of *Sarjana* in IAIN Kediri. The researcher gets many support and help from many people in creating of this thesis.

In this case, the writer would like to dedicate great appreciation and gratitude to all of people who have helped to finish this thesis. Therefore, the writer dedicates great gratitude to :

1. Dr. Chamid, M.M. AS, as a principal of IAIN Kediri.
2. Erna Nurkholida, M.Pd and Ima Fitriyah, M.Pd.I my respectable advisor who always gives me a great guidance, help, constructive criticism and suggestion to finish this thesis.
3. All of the staffs in Education Faculty office, Academic office, SLC, and Library of IAIN Kediri who help me in the process of finishing my thesis.
4. K.H. Anwar Iskandar as a head master of *Pondok Pesantren Al-Amien*.
5. Dra. Fikrotul Azizah as a head master of MTsN 8 Kediri, who had allowed me to carry out the research in her school.
6. Yuyun Wulandari, M.Pd as a Pamong in the class of VIII B.
7. All the teachers, administration staff, the subject of the students who have helped kindly in collecting data for this thesis.

8. My parents, brothers and my big family, who have given me support and motivation to finish this thesis.
9. All my friends in IAIN Kediri, especially RUMPI friends, Let's have struggle together.

The researcher is not a perfect person. That many things she wishes in being right. So the writer realizes that will be many mistakes that needs to improve. The writer will be grateful for critics and correction to makes this thesis better and useful for reader, education and the writer herself in the future. The writer hopes this thesis will be one of the big contribution in teaching learning English especially in reading. Amin.

Kediri, 29<sup>th</sup> May 2019

The Writer

## ABSTRACT

RAHMAH, FATYHAH, 2019. *The Use of Snowball Throwing to Improve Reading Comprehension at Eighth Grade of MTsN 8 Kediri*. Thesis, Tarbiyah, English Language Department, State Islamic Institute of Kediri, Advisor (I) Erna Nurkholida, M.Pd. and Advisor (II) Ima Fitriyah, M.Pd.I

**Key words:** *Reading Comprehension, Snowball Throwing Technique*

Reading is one of the core activities of study. It is needed in every level field of study. It is important that able to understand what is being delivered. In understanding a text, people need to do an activity that is reading. Sometimes, the students are difficult to comprehend the text. In MTsN 8 Kediri, the teacher still teaches using traditional method, teacher center. The teacher teaches reading just explaining and giving the meaning for each new vocabulary to students. In this case, Snowball Throwing technique can be applied in order to improve their reading comprehension in recount text.

The research uses Classroom Action Research (CAR) on this study; the researcher will collaborate with English teacher as collaborator on the class. This research consists of two cycles. Each cycle consists of two meetings. The participants of this research are 36 students. The research instruments are reading test, observation checklist, and field-note.

The result of the research; the students mean score was 73,5. 19 students got good score and 17 students got poor score. The percentage of students achievement was 52,8%. It didn't reach the criteria of success in study. So, the researcher revised the plan and continues to the next cycle. In cycle 2, the mean score of students become was 77.8, 30 students got good score. The percentage of students achievement has become 83,33%. It has increased 25.5%. It has reached the criteria of the success which was more than 75% students and with score is more than 75. Besides, the students' score reached the criteria of success, observation checklist showed that 94,4% students were active in teaching and learning process of reading using Snowball Throwing technique. It can be concluded that the use of Snowball Throwing technique that was applied for eighth grade of MTsN 8 Kediri was qualified to be able to improve the students' achievement in reading recount text.

## TABLE OF CONTENTS

<b>TITLE.....</b>	<b>i</b>
<b>DECLARATION OF AUTENTICITY .....</b>	<b>ii</b>
<b>APPROVAL PAGE .....</b>	<b>iii</b>
<b>RATIFICATION SHEET .....</b>	<b>iv</b>
<b>NOTA KONSULTAN.....</b>	<b>v</b>
<b>NOTA PEMBIMBING .....</b>	<b>vi</b>
<b>MOTTO .....</b>	<b>vii</b>
<b>DEDICATION.....</b>	<b>viii</b>
<b>ACKNOWLEDGEMENTS.....</b>	<b>ix</b>
<b>ABSTRACT.....</b>	<b>xi</b>
<b>TABLE OF CONTENTS.....</b>	<b>xii</b>
<b>LIST OF APPENDICES.....</b>	<b>xv</b>
<b>LIST OF TABLE .....</b>	<b>xvi</b>

### CHAPTER I : INTRODUCTION

A. The Background of the Study .....	1
B. The Research Question .....	5
C. The Purpose of the Study .....	5
D. The Significance of the Study .....	5
E. The Scope and Limitation of the Study .....	6
F. The Definition of the Key term .....	7

### CHAPTER II : REVIEW OF RELATED LITERATURE

A. Definition of Reading .....	8
B. Kind of Reading .....	9
C. Teaching Reading .....	12
D. Problem in Reading .....	13

E. Recount Text .....	14
1. Definition of Recount Text .....	14
2. Types of Recount Text .....	15
3. The Generic Structure of Recount Text .....	16
4. The language Features of Recount Text .....	17
F. Snowball Throwing Technique .....	17
1. Definition of Snowball Throwing Technique .....	18
2. The Advantages of Snowball Throwing Technique .....	18
3. The disadvantages of Snowball Throwing Techniques .....	19
4. The Procedures of Teaching Learning using Snowball Throwing Techniques .....	20

### **CHAPTER III : RESEARCH METHOD**

A. Research Design.....	23
B. Subject and Setting of Research.....	24
C. Research Procedure .....	24
1. Preliminary Study .....	26
2. Planning .....	26
3. Implementing .....	33
4. Observing .....	34
5. Reflecting .....	35
D. Research Schedule .....	37

### **CHAPTER IV : RESEARCH FINDINGS**

A. FINDING .....	38
1. Preliminary Study.....	38
2. Finding on the First Cycle .....	39
1. Planning Cycle 1 .....	41
2. Implementation Cycle 1 .....	41
3. Observation Cycle 1 .....	42
4. Reflection Cycle 1 .....	45

3.Finding on the Second Cycle .....	47
1. Planning Cycle 2 .....	47
2. Implementation Cycle 2 .....	48
3. Observation Cycle 2 .....	51
4. Reflection Cycle 2 .....	52
B. DISCUSSION .....	55

## **CHAPTER V : CONCLUSION AND SUGGESTION**

A. Conclusion .....	59
B. Suggestion .....	60

## **BIBLIOGRAPHY**

## **APPENDIX**

## **CURRICULUM VITAE**

## **LIST OF APPENDIX**

**Appendix 1** Lesson Plan

**Appendix 2** The Observation Checklist Cycle 1

**Appendix 3** The Observation Checklist Cycle 2

**Appendix 4** The Students' Score before Treatment

**Appendix 5** The Students' Score Cycle 1

**Appendix 6** The Students' Score Cycle 2

**Appendix 7** The Distribution Group

**Appendix 8** The Students' Question in Cycle 2

**Appendix 9** The Students' Question in Cycle 1

**Appendix 10** Field Note

**Appendix 11** Documentation

## **LIST OF TABLE**

**Figure 1.1** Classroom Action Research Model by C.A. Mertler

**Table 2.1.1** The Distribution of Reading Comprehension Test in Cycle 1

**Table 2.1.2** The Distribution of Reading Comprehension Test in Cycle 1

**Table 3.1** The Observation Checklist

**Table 4.1** The Percentage of the Students' Achievement

**Table 5.1** The Students' Score before Treatment

**Table 6.1** The Result of the Students' Achievement in Cycle 1

**Table 7.1** The Result of the Students' Achievement in Cycle 2

**Table 8.1** The result of the Observation Checklist