

**STUDENTS' ANXIETY LEVELS IN LEARNING ENGLISH AS A  
FOREIGN LANGUAGE**

**THESIS**

Presented to

State Islamic Institute of Kediri

In Partial Fulfilment of the Requirements

For the Degree of *Sarjana* In English Language Education



**By:**

**RACHMA FAJRIATI SUMARYONO**

**932209019**

**DEPARTMENT OF ENGLISH LANGUAGE EDUCATION**

**FACULTY OF TARBIYAH**

**STATE ISLAMIC INSTITUTE OF KEDIRI**

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## DECLARATION OF AUTHENTICITY

Name : Rachma Fajriati Sumaryono  
Student's ID Number : 932209019  
Study Program : English Language Education  
Faculty : Tarbiyah  
Thesis Title : Students' Anxiety Levels in Learning English as  
a Foreign Language

I herewith declare that I wrote this thesis on my own and did not use any unnamed sources or aid. Thus, to the best of my knowledge and belief, this thesis contains no material previously published or written by another person except where due reference is made by correct citation. This includes any thoughts taken over directly or indirectly from printed books and articles as well as kinds of online material. It also includes my own translations from sources in different languages.

This thesis is to fulfil the requirement for the degree of Sarjana (S1) in English Study Program, State Islamic Institute of Kediri.

Kediri, June 19<sup>th</sup>, 2023  
The researcher



**RACHMA FAJRIATI S.**  
**NIM. 932209019**

**APPROVAL PAGE**

This is to certify the Sarjana's Thesis of Rachma Fajriati Sumaryono has been approved by the thesis advisor for the further approval by the board examiners.

**STUDENTS' ANXIETY LEVELS IN LEARNING ENGLISH AS A  
FOREIGN LANGUAGE**

**RACHMA FAJRIATI SUMARYONO**

**NIM: 932209019**

**Approved by:**

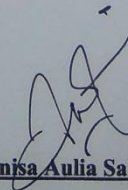
**Advisor I**



**Dr. Ary Setya Budhi Ningrum, M.Pd.**

**NIP. 198204302008012011**

**Advisor II**



**Annisa Aulia Saharani, M.Pd.**

**NIP. 199008092019032008**

**RATIFICATION SHEET**

**STUDENTS' ANXIETY LEVELS IN LEARNING ENGLISH AS A  
FOREIGN LANGUAGE**

**RACHMA FAJRIATI SUMARYONO**

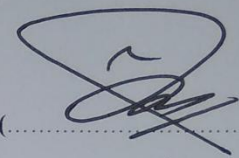
**NIM. 932209019**

Has been examined by the board of examiners of State Islamic Institute (IAIN) of  
Kediri on July 3<sup>rd</sup>, 2023

**1. Main Examiner**

**Drs. Agus Edi Winarto, M.Pd.**

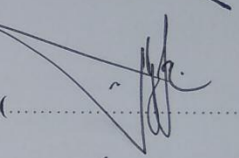
**NIP. 196505272000031001**

()

**2. Examiner I**

**Dr. Ary Setya Budhi Ningrum, M.Pd.**

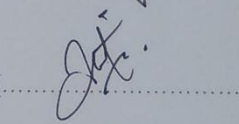
**NIP. 198204302008012011**

()

**3. Examiner II**

**Annisa Aulia Saharani, M.Pd.**

**NIP. 199008092019032008**

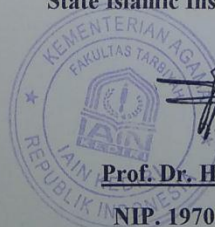
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**Kediri, July 3<sup>rd</sup>, 2023**

**Acknowledged by**

**Dean of Faculty of Tarbiyah**

**State Islamic Institute (IAIN) of Kediri**



()

**Prof. Dr. Hj. Munifah, M.Pd**

**NIP. 197004121994032006**

**MOTTO**

*“What is not started, will never get finished”*

**(Johann Wolfgang von Goethe)**

## **DEDICATION**

This paper is dedicated to:

- In the name of Allah the most gracious and the most merciful for His blessing in the completion of this thesis, definitely praises are also addressed to Prophet Muhammad SAW who has guided us for the better life.
- My beloved parents and a lovely sister for their love and support, who are literally always being my up when I am down. I would also like to thank to my entire family.
- My lecturers Dr. Ary Setya Budhi Ningrum, M.Pd. and Annisa Aulia Saharani, M.Pd. who always give me advices, suggestions, attention, motivation, and a lot of patience to take the time for me during the completion of this thesis.
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4. Dr. Ary Setya Budhi Ningrum, M.Pd. and Annisa Aulia Saharani, M.Pd. my advisors who guided me for my thesis.
5. All of my lecturers at IAIN Kediri.

Hopefully this thesis can be useful for all readers. I definitely realize that this thesis is not perfect yet and a lot of lacks. Hence, I gladly receive criticism and suggestion to make this thesis be better

Kediri, June 19<sup>th</sup> 2023

The Researcher

Rachma Fajriati Sumaryono



## ABSTRACT

*Sumaryono, Rachma Fajriati. 2023. Students' Anxiety Levels in Learning English as a Foreign Language. Thesis. English Language Education, Faculty of Tarbiyah, State Islamic Institute (IAIN) of Kediri. Advisors. I). Dr. Ary Setya Budhi Ningrum, M.Pd. II) Annisa Aulia Saharani, M.Pd.*

**Key Words:** *Anxiety; Foreign Language*

Anxiety is the subjective feeling of tension, apprehension, nervousness, and worry associated with an arousal of the autonomic nervous system. In fact, anxiety is a complex multidimensional phenomenon, which involves many other independent variables. Learning Anxiety or it is known as Anxiety in Learning English describes a feeling of worry that is felt by English learners. This study aims to find out students' anxiety levels in learning English as a foreign language.

This research used descriptive quantitative method, therefore the researcher only described levels of students' anxiety in learning English as a foreign language. The sample of this research is 70 students. This research used a Foreign Language Classroom Anxiety Scale (FLCAS) questionnaire consists of 33 items, divided into 3 indicators such as "Communication Apprehension", "Test Anxiety", and "Fear of Negative Evaluation". The data were analyzed by using Microsoft Excel.

From a questionnaire that was answered by sixth semester students of English Department in IAIN Kediri, it describes that 31 (44%) out of 70 students experience "Mildly Anxious" level. The second level that is experienced by students is "Anxious", as much 24 respondents. There is no student experiences "Very Relaxed" level. Among 3 indicators of anxiety, the most students experience is Test Anxiety. Seeing the percentage of the Foreign Language Classroom Anxiety Scale (FLCAS) questionnaire result in this research, students can get panic when they have to speak English without preparation, feeling tense when they are going to be called, and get nervous to be asked the questions they have not prepare in advance.

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