

AN ANALYSIS OF STUDENTS' ANXIETY ON SPEAKING ENGLISH AT

MA MA'ARIF UDANAWU BLITAR

THESIS

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By:

SYAMAROTUL FUADDAH

9322.149.19

ENGLISH LANGUAGE EDUCATION

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DECLARATION OF AUTHENTICITY

Name : Syamarotul Fuaddah
Student's Number : 932214919
Study Program : Department of English Language Education
Faculty : Tarbiyah
Title of Thesis : An Analysis Of Students' Anxiety On Speaking English at
MA Ma'arif Udanawu Blitar

I hereby declare that the thesis and the work presented in it are my own and it has been generated by me as result of my own original research. It does not incorporate any materials previously written or publish by another person except those indicated in quotations and references. No portion on this work has been submitted in support of an application for another degree or qualification of this or any other university or institution of higher education. Due to this fact, I am the only person responsible for the thesis of there is any subjection or claim from others.

This thesis is to fulfil requirement for the degree of Sarjana (S1) in English Study Program, State Institute for Islamic Studies (IAIN) Kediri.

Kediri, 5th of June 2023

The Researcher,

SYAMAROTUL FUADDAH

NIM. 932214919

MOTTO

*“Always do your best. What you plant now is what you will
reap later.”*

(Og Mandino)

DEDICATION

Thanks to Allah SWT for all the blessing and mercies given to me until I can finish my undergraduate thesis well. This thesis is dedicated to:

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The researcher hope this thesis will be useful and gives a great contribution to the readers and future researcher. The researcher realized that this thesis still has weaknesses. Hence, the researcher will receive suggestions or critics to make this thesis better.

The Researcher

ABSTRACT

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Speaking is generally regarded as a means of fostering communication. Speaking is a challenging skill in addition to being useful. Speaking is one of the most challenging skills for language learners. In consequence, speaking anxiety grows in every language learners especially in Indonesia because of the lack of knowledge in other skills, such as lack of vocabulary and grammar. Learners feel afraid of make mistakes while speaking and afraid of negative judges from other. This study aims to analyse the anxiety level of students speaking English in class.

This research was descriptive qualitative research. The research subjects were 10th grade students of MA Ma'arif Udanawu Blitar consisting 40 students and the English teacher who taught the class. The research instruments were observation, questionnaire and interview. Data were analysed through data reduction, data display and conclusion drawing. This study used methodological triangulation to validate the data. The data were analysed based on the level of students' anxiety and the factors that cause students' anxiety in speaking, namely communication apprehension, fear of test, fear of negative evaluation and fear of English classes.

The results showed that students were at an anxious level with a total of 17 students out of 40 students with a percentage of 43%. At this level the individual's perception is strongly influenced by severe worry. Headaches, dizziness, nausea, trembling, sleeplessness, palpitations, tachycardia, hyperventilation, frequent urination and defecation, and shortness of breath are symptoms of this level.

And the causative factor was communication apprehension with the highest average score of 124 with a percentage of 26% out of four factors. These results are supported by observations and interviews. The anxious level greatly affected individual perceptions. Individuals tended to focus on something detailed and specific, and could not think about other things. And in the factor of communication apprehension, students had the impression that someone was watching them and looking out for grammar errors. Students felt that their English language was not good as their peers. Based on the results of the study, the researcher concluded that students had bad English speaking skills and their anxiety was dominated by fear in communicating. This fear was in the front of panic and nervousness so they could not to understand some of the words conveyed.

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