CHAPTER V

CONCLUSION AND SUGGESTION

In this fifth chapter, the topics are about the conclusion and suggestion. Conclusion consists of a brief explanation regarding to the results of this study. Meanwhile, suggestion includes recommendation for the readers of this study.

A. Conclusion

From the study conducted, it is known that personality is part of human that cannot be separated from each other as it defines human's characteristics. Regarding to personality, people tend to show their only good traits to the outer world, it is what is called Persona. Moreover, people can also hide the opposite traits behind the Persona, it is called the Shadow; the dark/evil side of human that is able to cause trouble. There is also the Ego which influences people to make efforts acknowledging the Shadow and control it not to cause any more trouble.

Mizuki's personality as she wears her Persona shows how good she is in dealing with her surroundings. But, when there is a problem where she is treated badly by her husband, it makes her sad and depressed. Those emotions trigger her Shadow to be selfish as how she wants to revenge her husband by having an affair with other man. Fortunately, she realizes that it such a wrong thing to do. Her Ego side influences her to be aware of it, so that she can determine her effort to break the affair and focus on improving her bond with her family. That way, it is able refrain her to do the same mistake again in the future.

Tatsuya is Mizuki's husband who constantly treats her badly to the point she feels sad and depressed. But, aside for that, he is known as a good guy as how he used to wear his Persona perfectly in order to suit his role as a husband and a father. It was the moment when he gets his promotion which acquires him to do more works; he gets frustrated. His frustration triggers his Shadow to project it to Mizuki as how he constantly treated her badly. But, later he is aware that Mizuki starts to avoid him, so that he makes efforts to reflect on his misbehavior and tries to fix it by treating Mizuki right as how he used to do.

Then, there is Kiyoshi whose role is Mizuki's cheating partner. His Personas of being attentive, appreciative, caring, understanding and sociable show that he is a good person. But, his good personality traits coincide with his Shadow side where he continuously keeps his relationship with Mizuki despite knowing that she has married. He treats her as friend in public but bravely do immoral thing to her in private. He selfishly wants Mizuki as a lover. But, when he realizes that Mizuki is not entirely his and how she will never choose him, he decides to back away. He respects Mizuki's decision to break up; introspecting his misbehavior by disappearing quietly so that they can continue their separate lives in peace.

B. Suggestion

In this section of suggestion, the researcher would like to give some suggestion to the general readers, teachers and the future researchers who happened to read this study. With this study the researcher hopes it can be helpful for the readers and teachers to gain more knowledge about human personality, especially for the teachers to be more understanding about their students' personalities. As teachers need to understand their students better to find the teaching method that fit them well. It will also help teachers to handle and treat them well based on personality traits they have. And for the future researchers, this study might be helpful to be one of the sources when they wanted to do the similar study using the theory. The researchers can apply the theory in their own study using different object of study. Or it will be greater if the future researchers can conduct a study related to if the appearance of Persona and Shadow personalities are influenced by the anima or animus as the feminine or masculine side of human. Anima or animus itself is part of Map of The Soul that does not discussed yet in this study. That is why it would be great if future researchers can use this suggestion as a consideration to conduct a study about human personality.